

The Bradford Bridge

COMMUNITY NEWS *for* NEIGHBORS *by* NEIGHBORS

MONTHLY BRIEFING: Town Board Reports

BOARD OF SELECTMEN

Independence Day A parade permit presented by Bruce Edwards was signed.

Town Hall Update Selectmen and interested residents discussed the pros and cons of establishing a Town Hall Committee. Many suggestions were offered, including a request that the Board put their plan for the building in writing. Names of those interested in participating in a Town Hall Committee, if one is established, were listed. Selectmen have not made a decision to date.

The granite placement is anticipated by the end of July. The resubmission of the septic permit application is being finalized. Selectman John Pfeifle said the Board intends to make the property “handsome” once the planned work is completed.

Highway Department Overhead doors at the Town Garage have been repaired and are working well. Road Agent Steve Hall received three quotes to do the work, funded from the Highway Department budget.

There was a lengthy discussion of scheduling and overtime for the Department. No final decisions were made, but Steve Hall was thanked at a later meeting for putting together a schedule for the Highway Department.

Purchasing Policy The Board signed a slightly revised version of the policy, amended for clarity (on the website under Forms and Documents).

(Continued on page 16)



drawing by Ann Eldridge

86th Craftsmen’s Fair, August 3rd through 11th

Three juried craftsmen from Bradford: Ann Eldridge, printmaker; Garry Kalajian, blacksmith; and Sandy Luckury, braided rugs are among the featured 200 craftsmen at the 86th League of N.H. Craftsmen’s Fair at Mount Sunapee State Park, August 3rd - 11th, 2019.

Kalajian will demonstrate blacksmithing during the 9-day fair; Luckury will demonstrate rug braiding on Saturday, August 3rd at the Guild Tent; and Eldridge will display prints at her sales booth.

The Fair includes three curated exhibitions, craft demonstrations, hands-on workshops for all ages, and live music. For scheduled events and more information, click on: nhcrafts.org.



2018 Parade float fun!

BRADFORD

INDEPENDENCE DAY

SATURDAY, JULY 6

7am: **Yoga 101 at Evergreen**
By donation to benefit Parks & Rec

8-11am: **Benefit Breakfast Buffet,**
Applesed Restaurant

9am: **5k Road Race**

9am-2pm: **Brown Memorial**
Library Book Sale

3:30pm: **Parade Line Up**
If you would like to be in the parade please email bradfordnhcelebration@gmail.com

4pm: **Parade on Main Street**

4:30pm-9:30pm:
Independence Day Celebration
at Brown Shattuck Field:

- ★ 4:30-9:30 face painting, food, bounce houses, kids’ train rides
- ★ 4:30-6:30 Clint Lapointe Band
- ★ 5:00 UNH Little Red Wagon “Cleo’s Egyptian Tale”
- ★ 6:00 UNH Little Red Wagon Theatre “Who Came Up with That? A Time Traveling Adventure”
- ★ 6:30 2nd Annual Charity Grilling All Proceeds go to the Bradford Community Food Pantry. Register at: bradfordgrills@gmail.com.
- ★ 7:00-9:30 April Cushman Band
- ★ 8:00 NEW EVENT - Trashion Show. Design and model outfits made from materials found at the transfer station or destined to go to the transfer station. All proceeds from this event go to the Bradford Scholarship Fund. Register at: bradfordnhcelebration@gmail.com.
- 9:30: **Fireworks!**





The Bradford Bridge

P.O. Box 463
Bradford, NH 03221
bradfordbridge.org
bradfordbridge345@gmail.com

BOARD OF DIRECTORS

Audrey V. Sylvester, President,
Leslie J. Grey, Treasurer, Mary Keegan-
Dayton, Secretary, Marcia Keller,
Kathleen Bigford, Don Moss, Leah
Cummings & Harriet Douglass

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BUSINESS MANAGER

Leslie J. Grey

SUBSCRIPTION/DISTRIBUTION

Harriet Douglass, Nola Jordan

DESIGN

Leah Cummings, Graphic Artist
Don Moss, Advertising Coordinator

PRINTING

RC Brayshaw & Company, Inc.

SUBSCRIPTION INFORMATION

To receive The Bridge by mail, please
send a \$25 check to cover mailing costs
to: P.O. Box 463 Bradford, NH 03221

ADVERTISING

The Bradford Bridge is a free community
newspaper supported by advertisers.

To place an ad, call
Don Moss at 938-2230.

SUBMISSIONS

The Bradford Bridge is written by neighbors,
for neighbors. Anyone is welcome to
submit articles and/or photographs of
interest to the community. We reserve
the right to edit submissions.

**THE FIRM DEADLINE FOR ALL ADS AND
ARTICLES IS THE 20TH OF THE MONTH.**

Town Offices

SELECTMEN'S OFFICE

Phone: 938-5900

Monday - Thursday: 8:00 AM - 4:00 PM
(closed 12 Noon - 1 PM)
Friday: 8:00 AM - Noon

TOWN CLERK/TAX COLLECTOR

Phone: 938-2288

Monday: Closed
Tuesday: 8 AM - 12 PM/ 1 PM - 4 PM
Wednesday: 12 PM - 6 PM
Thursday: 8 AM - 12 PM/ 1 PM - 4 PM
Friday: Closed
2nd & 4th Saturday: 9 AM - Noon

PLANNING BOARD HOURS

Office hours Tuesdays 3:00 - 6:00 PM

*Town offices are temporarily located at
Bradford Area Community Center, 134 East
Main St. P.O. Box 436. Bradford, NH 03221*

From the Bridge

In recognition of the new Poet Laureate of the United States, Joy Harjo, a member of the Muscogee Creek Nation, the 23rd poet and first Native person to be selected for the role.

An American Sunrise

By Joy Harjo

We were running out of breath, as we ran out to meet ourselves. We were surfacing the edge of our ancestors' fights, and ready to strike. It was difficult to lose days in the Indian bar if you were straight. Easy if you played pool and drank to remember to forget. We made plans to be professional—and did. And some of us could sing so we drummed a fire-lit pathway up to those starry stars. Sin was invented by the Christians, as was the Devil, we sang. We were the heathens, but needed to be saved from them—thin chance. We knew we were all related in this story, a little gin will clarify the dark and make us all feel like dancing. We had something to do with the origins of blues and jazz I argued with a Pueblo as I filled the jukebox with dimes in June, forty years later and we still want justice. We are still America. We know the rumors of our demise. We spit them out. They die
Soon.

-From: poetryfoundation.org/articles/141911/joy-harjo-101

In this Bridge find:

- ★ Bradford Independence Day Celebration Events.
- ★ Updated information about the Tomato, infamous fruit, by Ann Eldridge.
- ★ Children's Reading and other Brown Memorial Library happenings.
- ★ What's happening in Bradford on the Concord-Lake Sunapee Rail Trail.
- ★ Profiles of all the businesses at 11 West Main.
- ★ And much more.

Wishing everyone a safe and fun-filled Independence Day!

*Kathleen Bigford, Editor
And everyone who makes this publication possible.*



Breaking News: New Cell Antennas Activated



Writer Wanted!!

Follow Bradford news as it happens! Become a writer of the Monthly Briefing column for the Bradford Bridge. Assignment includes summarizing the minutes of town board meetings as found on bradfordnh.org and occasionally checking with the Town Administrator for supporting information. Training is available. To explore the possibility of becoming part of a dynamic volunteer organization, contact Kathleen Bigford, Editor, bradfordbridge345@gmail.com.

Three cell antennas were activated on the cell tower in Bradford at the end of June. Suggest powering off your phone and then powering back on. It is reported that “downtown” service is better. The screenshot shows that I now have some service where I took the picture near the intersection of Rts. 114 and 103.

Kathleen Bigford

Swimming Lessons at French’s Park



Bradford Parks & Recreation / Concord Family YMCA Swim lessons at French's Park:

July 8 - July 19, 9am to noon
class level determines time of lesson,
each class is 30 minutes in length

Monday - Friday for 2 weeks

*Certified Lifeguard watching over your child’s lessons

Sign-ups on first day of lessons July 8: \$70 for the 1st child, \$60 for the 2nd child.

Look for registration forms around town at the Bradford Area Community Center in the Town Offices, Brown Memorial Library and the Bar Harbor Bank or call: 938-5900 or 938-5392.



★★★ PEDALS ON PARADE! ★★★ 4TH OF JULY BICYCLE CONTEST



REGISTER TO RIDE YOUR BIKE IN BRADFORD'S UPCOMING 4TH OF JULY PARADE!

PRIZES TO BE AWARDED:

- MOST PATRIOTIC BIKE
- MOST COLORFUL BIKE
- MOST CREATIVELY DECORATED BIKE
- BEST TRANSFORMED BIKE
(Transform your bike into anything you can imagine - a flower, a spaceship, your favorite cartoon character...)
- BEST DECORATED BIKE HELMET



SATURDAY, JULY 6th at 4:00PM

ALL PARTICIPANTS SHOULD ARRIVE PROMPTLY AT 3:30 PM FOR PRE-PARADE LINEUP AND CONTESTANT JUDGING AT OLD WARNER RD. (UNICYCLES, BICYCLES, TRICYCLES, QUADCYCLES AND ALL OTHER THINGS PEDAL-POWERED ARE WELCOME!)



TO REGISTER, PLEASE COMPLETE AND DETACH THE BOTTOM PORTION OF THIS FORM AND RETURN TO: JULY 4TH COMMITTEE, P.O. BOX 486, BRADFORD, NH 03221 OR email: cerinjames@gmail.com

NAME of Contestant (children under 8 yrs. must be accompanied by adult)

NAME of PUP Contestant

EMAIL / PHONE#

CONTEST (check one or both) PEDALS ON PARADE PUPS ON PARADE

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PATRIOTIC PUP CONTEST



REGISTER TO WALK YOUR
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UPCOMING 4TH OF JULY PARADE!

PRIZES TO BE AWARDED:

- 1st PLACE
- 2nd PLACE
- 3rd PLACE

(Water station and treats to be provided for pup contestants at parade line up. Water stations are also available at key points along the parade route.)



SATURDAY, JULY 6th at 4:00PM

ALL PARTICIPANTS SHOULD ARRIVE PROMPTLY AT 3:30 PM FOR PRE-PARADE LINEUP AND CONTESTANT JUDGING AT OLD WARNER RD. (PUP CONTESTANTS SHOULD BE FRIENDLY AND COMFORTABLE AROUND OTHER PETS & PEOPLE)



TO REGISTER, PLEASE COMPLETE AND DETACH THE BOTTOM PORTION OF THIS FORM AND RETURN TO: JULY 4TH COMMITTEE, P.O. BOX 486, BRADFORD, NH 03221 OR email: cerinjames@gmail.com

NAME of Contestant (children under 8 yrs. must be accompanied by adult) _____

NAME of PUP Contestant _____

EMAIL / PHONE# _____

CONTEST (check one or both) PEDALS ON PARADE PUPS ON PARADE



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Rail Trail

Coming in Time for Bradford Independence Day Celebrations

Residents of Bradford have probably noticed several items cropping up alongside Route 103 between The Applesed Restaurant and Gillingham Drive.



The Robert D. Saturley Memorial Bridge over the Lake Todd cut was ready in time for the snowmobile season as well as a kiosk near the Applesed, constructed by Eagle Scout Brian Lombard.

About a month ago a bicycle fix station was installed next to the kiosk. It includes a bicycle pump and tools to make most basic adjustments to a bicycle.

Recently two benches appeared between the bridge and the Applesed made from train wheels that were originally part of the Conway Scenic Railroad. Jeremiah Johnson of Bear Blasting of Manchester,

NH sandblasted the wheels and they were painted by Fred Nystrom and Andrew Blagden. Seat brackets were welded by Jason Allen at Merrimack County Customs, who then delivered the bench frames to the site with an escort from the Bradford police department. Concord-Lake Sunapee Rail Trail Board members provided materials and did the final assembly June 5th.

Near the benches the Bradford Gardening Group will be planting geraniums in half wine barrels donated by Spring Ledge Farm of New London, Lois Kilnapp of Bradford, and Maria and Bruce Storm, new residents of Bradford.

The trail surface will be installed by Nate Kimball of Valley Excavating hopefully by the start of Independence Day Festivities.

The project is a three-way partnership between the Lake Sunapee Snowmobile Club, The Rural Heritage Connection of Bradford, and the Friends of the Concord-Lake Sunapee Rail Trail. Many volunteers have helped. Partial funding for the trail was from the NH Bureau of Trails. Significant matching funds were raised through private donations.

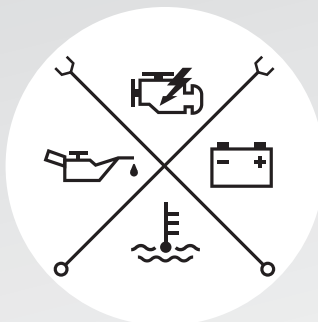
Please enjoy this trail on foot, on bicycle, or on a snowmobile. And please remember: No motorized wheeled vehicles.

Barbara Southard and Tim Blagden

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General Lafayette Trail Misses Bradford

It was June! Time to celebrate! Why? The 194th anniversary of the Marquis de Lafayette's visit to Bradford, New Hampshire on June 27, 1825! Ooops! We missed it this year. Who? What? Where? When? & Why?

Fragments of history surface in stories, master's theses, historical publications—all brought into present day with memorial intentions.

New Hampshire will honor the French general, the Marquis de Lafayette, whose "Farewell Tour" brought him back to the United States in 1824-1825. Lafayette was responsible for supporting the colonist's cause during the Revolutionary War.

The State of New Hampshire is part of the Lafayette Trail Project which allows for historical markers to be placed at locations where Lafayette stopped on his return to America. Bradford, New Hampshire was among the stops! Senator Ruth Ward sponsored a bill supporting the New Hampshire Lafayette Trail Project signed by Governor Sununu in May.

According to Marge Cilley, "Recognition of Lafayette's Bradford visit is marked by a plaque honoring the General placed in 1913 implanted on a boulder supported by a stone doorstep from the Raymond House Hotel at what is know as Lafayette Square". In 1992, Lafayette Square was chosen as one of Bradford's Cornerstones by town residents as part of the Governor's Commission on New Hampshire in the 21st Century.

For a complete bibliography, visit: thelafayettetrail.com.


Audrey V. Sylvester

Pleasant View Farm Reunion

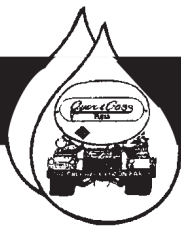


Odo and Stan Ovrevik, proprietors of Rosewood Country Inn, hosted a tea for alumni from the 1940's -1960's who had worked at the Inn known then as Pleasant View Farm.

Pictured l-r are Peter Ingold, Mickey Allen, Emma Tillotson, Harriet Douglass, Linda Cansler, Kathy Messer, Judy Laporte, Marge Cilley, and Marcia Keller.



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New Fence at Brown Shattuck Field



Bradford Parks and Rec hosted a community building project to complete the fence behind the basketball court at Brown Shattuck Field. The fence will help make the park safer by separating the field from the highway dept. The all-volunteer crew had fun building it and hope to complete more projects around our parks.

Escarole and Bean Soup

Adapted from The Food Network
a Sweet Beet Spring Recipe

Level: Easy

Prep: 22 mins

Cook: 12 mins

Yield: 6 servings

- Ingredients:
- 2 tablespoons olive oil
- 2 garlic cloves, chopped
- 1 pound escarole, chopped
- Salt
- 4 cups low-salt chicken or vegetable broth
- 1 (15-ounce) can cannellini beans, drained
- and rinsed
- 1 (1-ounce) piece Parmesan
- Freshly ground black pepper
- 6 teaspoons extra-virgin olive oil
- Serving suggestion: crusty bread

Directions:

Heat 2 tablespoons of olive oil in a heavy large pot over medium heat.

Add the garlic and sauté until fragrant, about 15 seconds.

Add the escarole and sauté until wilted, about 2 minutes.

Add a pinch of salt. Add the chicken broth, beans, and Parmesan cheese.

Cover and simmer until the beans are heated through, about 5 minutes.


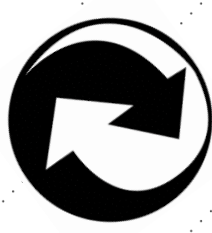
Season with salt and pepper, to taste.

Ladle the soup into 6 bowls. Drizzle 1 teaspoon extra-virgin olive oil over each.

Serve with a crusty boule or baguette.

TRASHION SHOW

July 6
8:00 pm
Brown Shattuck Field
Bradford, NH

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to benefit
Bradford's
Scholarship Fund

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Village Café Mug Sale to Benefit the Bradford Food Pantry



Last year a group of Bradford area volunteers created the unique pottery now in daily use at the Village Café at 11 West Main Street. This year a plan was hatched to boost the mug supply at the café and also create a surplus to be sold to the café patrons who have been asking to buy café mugs to take home. Café owners Barb and Tracey have asked to have the sale of each mug benefit the Bradford Food Pantry. To make it all happen, a group of 12 of the original café potters volunteered this spring to return to the Moss Studio to create new one-of-a-kind mugs. Mugs are \$30 each and the entire amount of each sale will go to the Food Pantry. Special thanks to all of the folks who volunteered their time!

The mug sale kicks off at the café as part of Bradford's Independence Day Celebration on July 6th and will continue for two weeks.

Barb and Tracey also wish to thank the families that signed up this winter to learn how to make new plates for the café. Twenty-four cool new plates are now in rotation at the café!

The Village Café will also be selling ice tea and baked goodies at the town-wide celebration at Brown Shattuck Field on July 6 as an additional benefit for the Food Pantry. It's a delicious way to support our neighbors!

Susan Moss

Human Family *Maya Angelou*

I note the obvious differences
in the human family.
Some of us are serious,
some thrive on comedy.

Some declare their lives are lived
as true profundity,
and others claim they really live
the real reality.

The variety of our skin tones
can confuse, bemuse, delight,
brown and pink and beige and purple,
tan and blue and white.

I've sailed upon the seven seas
and stopped in every land,
I've seen the wonders of the world
not yet one common man.

I know ten thousand women
called Jane and Mary Jane,
but I've not seen any two
who really were the same.

Mirror twins are different
although their features jibe,
and lovers think quite different thoughts
while lying side by side.

We love and lose in China,
we weep on England's moors,
and laugh and moan in Guinea,
and thrive on Spanish shores.

We seek success in Finland,
are born and die in Maine.
In minor ways we differ,
in major we're the same.

I note the obvious differences
between each sort and type,
but we are more alike, my friends,
than we are unlike.

We are more alike, my friends,
than we are unlike.

We are more alike, my friends,
than we are unlike.

Dog Kennel Investigation

*Bradford Police Department News
Release June 11, 2019*

The Bradford Police Department received a complaint from a private buyer of two dogs from a kennel in the Town of Bradford. Based on observation and medical evaluation the purchaser reported what they believed was animal neglect. The Bradford Police Department opened an investigation of the suspected animal cruelty/neglect complaint.

Based on the investigation a search warrant was secured. On June 11th the warrant was executed, and initial evaluation of the scene revealed squalid conditions raising concerns of communicable diseases, and the health concerns for the animals. During the search and evaluation, the animals were surrendered to authorities by the owner. One hundred and five dogs, 52 adults and 53 puppies were removed and taken to triage stations where they were evaluated for immediate medical action needs. The population of dogs were Golden Retrievers mixed with Black Labradors and possibly Cocker Spaniels. After triage, the animals were provided water and kenneled for transportation to

a care facility. On Wednesday all the animals were medically evaluated.

Currently this matter is still under investigation, there are several potential charges pending. Investigative agencies include Bradford Police Department, with assistance by the NH State Veterinarian's Office at the Department of Agriculture, and Merrimack County Attorney's Office. The enormity of the animals in need of handling, care, and sheltering required assistance from other organizations and agencies. Serving the Merrimack County area Pope Memorial SPCA was contacted. Pope Memorial agreed to assist, and also requested was the Humane Society for Greater Nashua, the two organizations provided handlers and expertise in the care and transportation of the animals. Bradford Police also requested mutual aid from area communities, the county Sheriff's Office, and support from the private sector.

The owner of the kennel was and remains cooperative.

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Lake Sunapee Region VNA & Hospice.
Volunteer as much or as little as your schedule allows.

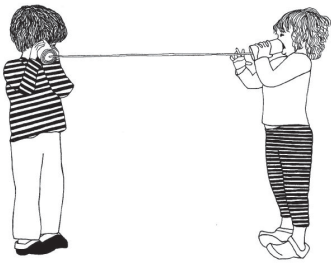
Contact us today at 603-526-4077, ext 281
or visit lakesunapeevna.org to learn more.



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LakeSunapeeVNA.org



BE WELL

This column is your monthly dose of wellness. Want to contribute? Contact Leah at 603Leah@gmail.com.

New Hampshire Telephone Museum

4th Fridays at the Phone Museum

Every month from May thru October (7:00-8:00pm unless otherwise indicated)

July 26

They Answered The Call:
Code Talkers of WWI & WWII

August 18

Brews for Bell—
Craft Beer Fundraiser

August 23

Hamilton
Historical Correct or Not?

September 27

Hedy Lamarr Story

October 18

Odds Bodkin
Halloween Fundraiser

October 25

Movie Night: "The Matrix"

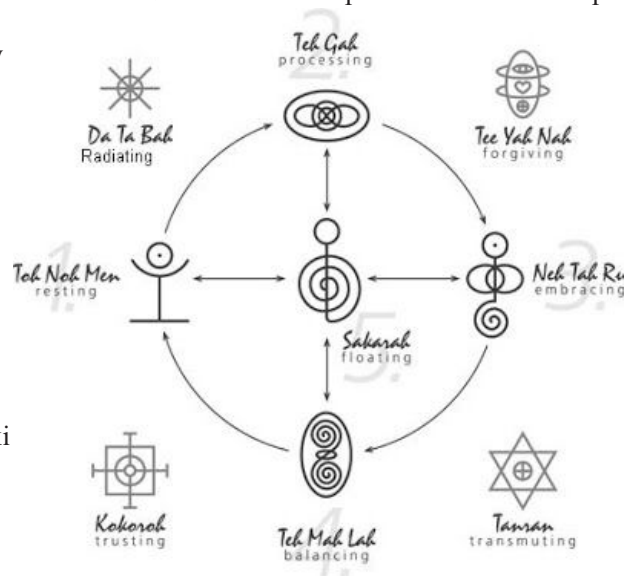
Visit NHTelephoneMuseum.org
for program details & times

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What is Reiki?

Reiki is a Japanese healing art that is used primarily for relaxation and stress reduction. Mikao Usui's system of Reiki, also known as Usui Reiki Ryoho, has been used since the early 1900s. The word Reiki combines the concepts of "Rei" which means higher power and "Ki" meaning life force energy, therefore Reiki means life force energy from a higher power. Reiki activates the body's innate ability to heal itself physically, emotionally, and spiritually. A person who has been attuned by a Reiki Master can use Reiki on themselves and others.

During the treatment, the recipient can sit or lay down, whichever is more



appropriate for the setting or the recipient's comfort. The practitioner can either place their hands gently on the recipient or hover their hands above the body. Reiki can be used in multiple settings and circumstances. Reiki can be sent to individuals or groups of people across the world. The specific intention of Reiki is to restore the body back to health. It clears blockages so the body can do its own healing.

Reiki is very special in the sense that not only does the recipient receive healing from the treatment, but the practitioner does as well. The energy flows from the practitioner to the recipient. Reiki has

specific techniques for the practitioner to perform along with the recitation of the Reiki Principles and symbols.

The recipient may experience various sensations during and after treatment. A very calming sensation may take over the

body or even tingling can occur. Clients have told me they could still feel my hands on their body even after I have moved my hands away from that specific area. Many have experienced vivid colors during the treatment as well as visions and deep relaxation.

KC Fitzgerald

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11 West Main

A Center for Community Well Being in Bradford



A few years ago Mike Bauer and Mike James, or as they have become known, The Mikes, purchased the building at 11 West Main, formerly the Thistle and Shamrock Inn, and more formerly The Bradford Inn, to “do something different” in Bradford. About the same time, the Sweet Beet Market was thinking that they might expand to year-round operation. As ideas started bouncing around The Mikes proposed putting the Sweet Beet Market in the old building to give the community access to local, healthy food. As this became a reality, other businesses were attracted to the building resulting in a total of five separate well-being-based ventures occupying space in the building. Sometime this summer renovation of the old dining room will provide a venue for community gatherings of all sorts with a focus on well being. The Mikes hope to continue new projects that will inspire others to replicate this model in existing buildings in Bradford.

We can change the world if our view is long and focused with friends drawn lovingly around a place we call home.

Terry Tempest Williams



Circular Blu

Circular Blu is owned by Christopher and Gavin Bodkin, and Jonathan Flanders. The Bodkin brothers were born and raised in Bradford and are the sons of Mil and John Bodkin. Jonathan Flanders grew up in Newbury. We are currently working with hospitals like Dartmouth Hitchcock to divert sterile medical plastics that were headed to landfills and incinerators. We turn them into sustainable reusable tote bags to be given to patients and to be sold into the community. The owners of Circular Blu are beyond excited to be back in their home community working to create sustainable products to drive the circular economy forward.



Sweet Beet Market, Kitchen & Bakery

Here at Sweet Beet Market we operate in service of the larger mission of the Kearsarge Food Hub - to reinvigorate our community around a restorative local food system. That means local food access and community connections for ALL.

Sweet Beet Market provides year-round access to local food for neighbors and visitors in the Bradford community. More than veggies, we offer a diverse supply of responsibly sourced grocery items and homegoods from valued farmers and producers, with an emphasis on what comes from our hyper local network.

In the very same building, *Sweet Beet Kitchen and Bakery* is consistently producing fresh baked goods for the market. The kitchen also holds great potential for facilitating educational opportunities and events for the community. We love being a part of the revival of 11 West Main!



Sweet Beet Market

Committed to local.



More than veggies!
 seasonal produce • fresh baked goods
 fresh meat • fresh seafood • cheese • ice
 cream • eggs • syrup • honey • home
 goods • seeds • potted plants • & more!
 SUPPORT LOCAL • SHOP SMALL!



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 characterizes summer in NH. Come
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 convenient place!

Wednesday.-Friday: 9-6 • Saturday-Sunday: 9-5

11 West Main Street, Bradford NH • 603-938-5323



kearsargefoodhub.org






MARY JO
COSTELLO

**Mary Jo Costello,
Massage Therapy**

Mary Jo Costello has been practicing the art of massage therapy for over 20 years in the Lake Sunapee area. She specializes in the treatment of chronic pain, injury and stress relief through a diverse blend of modalities acquired over the years through study and practice. Her techniques include LaStone (warm stone), Deep Tissue, Trigger Point Therapy, Medicupping, Reflexology, Swedish, Lymphatic Drainage and Aromatherapy using Young Living Essential oils. She is a member of Associated Bodywork and Massage Professionals.



**The
Village Café**

The Village Café opened at 11 West Main in October 2018. This physical location was an addition for Barbara Bridgewater and Tracey Quigley’s company Feast of New Hampshire, which had been providing outside catering services locally. Barbara and Tracey met in Bradford several years ago (no we are not sisters!) although our backgrounds are fairly similar having grown up in the same areas in England before settling in the US. The Café is an avenue to provide a place in Bradford for people to gather for coffee, breakfast or lunch. To be able to feature local produce whenever we can, while on a daily basis using local eggs, dairy and coffee. And once in a while we sneak in some English favourites for everyone to try! We are so excited with the care being taken to preserve the old Inn while growing and bringing new businesses to town.



**Evergreen
Healing Arts**

This recently opened yoga and massage studio is full of life and light!

Made possible by collective energies from town, Evergreen Healing Arts promotes a vision of holistic health practices being widely recognized as a viable and attainable way of life. Along with offering a full schedule of yoga and meditation classes, massage treatments, bodywork practices, and wellness workshops, the teachers and practitioners of Evergreen have all made a commitment to community outreach. We believe in removing as many barriers to wellness as we can. With that in mind, we are creating a way for all members of our community to engage in our Evergreen community. This outreach includes a work exchange program, silent meditation sessions, open studio time and special events. All of which are made accessible at no cost to participants by collective efforts of the Evergreen

team and our supportive community. The Inn thrives on the pulse of well-being!

Yoga • Meditation • Massage Therapy

*Connecting body, mind,
spirit & community!*

www.evergreenhealingarts.org
11 WEST MAIN ST, BRADFORD, NH 03221
(603) 748-4330 · 603eha@gmail.com

The Village Café
11 West Main St.
Bradford
(603) 938-2223

OPEN
Wednesday-Sunday
7am-2pm

Check Facebook for our menu daily

Library Lantern

Brown Memorial Library
78 West Main Street
bmlbradford@gmail.com

Library Hours:

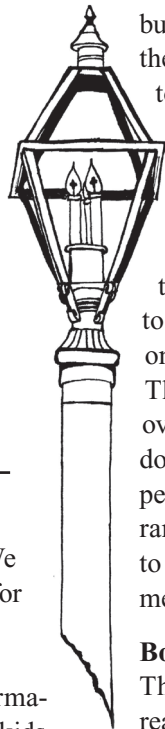
Monday 10:00am – 6:00pm
Wednesday 11:00am – 7:00pm
Friday 10:00am – 6:00pm
Saturday 9:00am – 1:00pm

From the Director's Desk:

It's time for summer reading! We have a great line-up this month for our summer reading program. Please visit our webpage or Facebook for more detailed information. The program is geared for kids K-5. Kids should come to the library and grab their reading map and log. We have lots of fun prizes to keep you motivated along the way. At the end of our program we will hold a raffle for some of the grand prizes that include jump time at Altitude, studio and pottery gift certificate to You're Fired (Concord), Mt. Sunapee Adventure Park, Game Stop, and Chuckster's. We have pulled books off the shelf to help you more easily find KRES summer reading suggestions.

Programs:

On Wednesday, July 10th at 6:00pm we will hold a Poetry Reading featuring two local poets, Kathy Solomon and Ellen Hersh, as well as one visiting poet, Serena Fox, who will read their work. We would like to invite and encourage

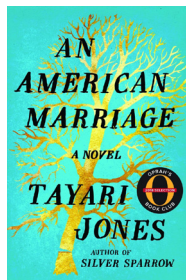


budding poets to also come and read their work aloud. This program is free to the public and light refreshments will be served. Poetry is really wonderful heard aloud.

On Wednesday, July 24th at 7:00pm FRIENDS of the library have helped to bring Friends of Mt. Sunapee here to give a slideshow presentation focused on Mt. Sunapee's magnificent forests. The show will feature a historic overview of the public concern, state documentation, and the need for the permanent protection of Mt. Sunapee's rare and ancient forests. Program is free to the public and will offer light refreshments.

Book Group:

This month we will read Tayari Jones' *An American Marriage*. The book tells the story of Celestial and Roy, an upwardly mobile African American couple, who are in the midst of new marriage and their careers, when Roy is wrongly accused and incarcerated for rape. But, this story doesn't focus on the prison system or the judicial system, but intimately at the couple's relationship which is told mostly through their letters to each other. Kirkus Reviews named this book one of the best of 2018 and writes that "this is, at its heart, a love story, but a love story warped by racial injustice. And, in it, Jones suggests that racial injustice haunts the African-American



story. Subtle, well-crafted, and powerful." Sounds very much worth reading! Book group meets on Wednesday, July 17th at 7:00pm.

New Fiction:

Farm / Joanne Ramos
Lost Roses / Martha Kelly
Montauk / Nicol Harrison
Orange World / Karen Russell
Machines Like Me / Ian McEwan

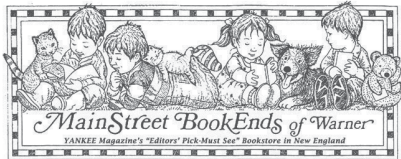
Childrens / Young Adult:

Couch for Llama / Leah Gilbert
Inky's Amazing Escape / Sy Montgomery
Saffron Ice Cream / Rash Kheiriyeh

Non-Fiction:

Mating in Captivity / Esther Perel
Pioneers / David McCullough
Truth Worth Telling / Scott Peley

*Ellen Barselle
Library Director*



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Tuesday–Sunday

Tuesday-Friday 5:00-9:00, Saturday & Sunday 4:00-9:00 and Sunday Morning Brunch 8:00am-Noon

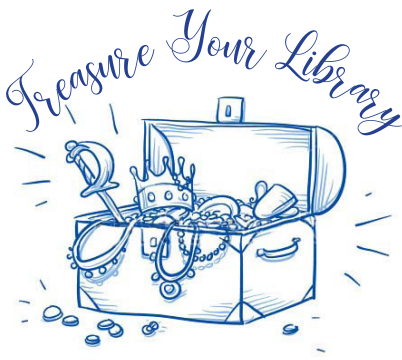
Come visit our newly expanded Tavern Room!

Our Sunday Breakfast Buffet is a great way to start the week! 8am-Noon \$11.99pp

Celebrating our 41st year of business in Bradford. We buy local, hire local, and support local organizations

Check out our restaurant at www.appleseedrestaurant.com

938-2100



Summer Reading Program- Free and open to all ages

Explore all the library has to offer:

- ⊗ Enjoy reading just for fun!
- ⊗ Get together with other kids!
- ⊗ Be creative with art activities!
- ⊗ Gobble up our snacks!
- ⊗ Earn rewards from our treasure chest!

Mondays in July from 2-3pm:

- July 8** – Poetry with Matt Forrest Esenwine
- July 15** – Live Animals from Hopewell Farm
- July 22** – Storytelling with Simon Brookes
- July 29** – Carnival Games

ALSO, read independently all month and earn raffle tickets for gift certificates from:

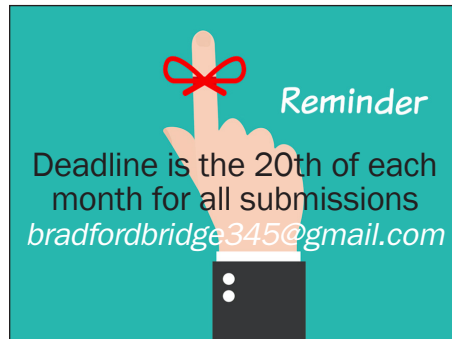
- ALTITUDE TRAMPOLINE PARK
- CHUCKSTER'S AMUSEMENT PARK
- YOU'RE FIRED CRAFT STUDIO
- GAME STOP VIDEO STORE
- MOUNT SUNAPEE

New Library Exhibit

The Bradford Art Group announces a new exhibition, Watercolor Expressions, featuring paintings by students in Becky Darling's watercolor class, beginning in July. The exhibit in Brown Memorial Library continues through September.

The original watercolor group began seven or eight years ago. The current group consists of area residents from Bradford, Sutton and Henniker. Participating students are: Judy Anderson, Rebecca Bense, Linda Cansler, Rita DalleMolle, and Vicki Mandell. Darling's students are an inspiration to her. She writes: "As a teacher and an artist, teaching makes me think of new directions to go in and new ways to present ideas and techniques. It is not always easy presenting your work to the public, especially as students. I am proud of them and we hope that you enjoy and appreciate the show."

The Brown Memorial Library, 78 West Main Street, has new open hours: Mon. & Fri. 10 - 6; Wed, 11 - 7; and Sat. 9 - 1. For more information, call: 938-5562. Website: brownmemoriallibrary.org.



Bradford Community Church

A gateway to encounter God's love
88 West Main Street, Bradford, NH
603-938-5313

Sunday Worship Services and Kingdom Builders (Sunday School) Every Sunday at 10am. Communion served on the first Sunday each month.

Bradford Community Food Pantry will be open on July 17th 5:30-6:30pm

Office Hours:

Rev. Lynne E. Hubley, Pastor: Tues-Thurs 9am-noon most days or by appointment.

Cheryl McDonald, Administrative Assistant: Tues-Thurs 9am-noon.

Our offices are located to the right of the church in the white house.



Alcoholics Anonymous

Open 12-step meeting

Saturday Mornings
8:30-9:30am

Bradford Community Church

88 West Main Street
Contact Karen: 938-5446



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~OUTSIDE~

Tomato 2011-2019



Beneath the thin skin of a tomato lurks a sauce that is thick with human idiosyncrasies. A botanist would call the fruit of the tomato vine a berry. The US Supreme Court in 1893, however, decreed that a tomato is not a fruit but a vegetable – kin to a head of cabbage. The issue was money, of course, and there being a 10% import tax at the time on vegetables but not on fruit, money took precedence over accuracy. Similarly, it was money that caused the USDA during the Reagan administration to suggest that a dollop of ketchup might qualify as a serving of vegetable in federally funded school lunches. The voters wouldn't swallow this and the move was rescinded.

In its native lands of South America, the tomato is a perennial vine – which it vainly aspires to be in New Hampshire. Spaniards pillaging Montezuma's gardens described this oddity but it was Cortez who brought seeds back to Spain in the 1500s. From Spain, the wandering Moors planted them in Morocco and from there they sailed to Italy where they were warmly received.

Northern Europeans were a more suspicious lot though, cautiously trying tomatoes first as a medicine and as an ineffective aphrodisiac – illustrating two instances that people were willing to take some risk. Due to its close botanical relation to the deadly nightshade, tomatoes were considered to be potentially poisonous. It was thought that tomato skins would stick to your stomach lining and cause cancer, and so forth. And then there is that deeply

engrained story of Eden with Eve and apples – stories that furthered paranoia of the unfamiliar. Who knew?

Colonists to North America brought their tomato prejudices with them. A turning point came in 1820 when, against his doctor's advice, the well-traveled Colonel Robert Gibbon Johnson ate with gusto a bushel of tomatoes on the courthouse steps of Salem, New Jersey. Witnessed by a crowd of two thousand, his feast was accompanied by the fireman's band playing dirges. He did this as a political stunt as he was running for office the following year. Clearly entertainment was in short supply. He survived to a ripe old age and the tomato became more than just a decorative curiosity for the garden.

Tomatoes were developed thousands of years ago by the early Aztecs and at first were predominantly yellow and strongly ribbed. The wild progenitors resemble the variety we know as 'Matt's Wild Cherry' – small and tart. In the process of domesticating the wild tomato into something larger, the tomato flower became self-fertile – no longer exchanging pollen with its wild relations. In the early 1800s, an inquisitive, incipient horticulturalist from Ohio named Alexander Livingston noticed an unusually large, smooth red tomato in a neighbor's garden. His mother told him to leave it alone. He didn't. He went on to develop many of the forerunners of today's varieties. Because of self-pollination and despite all the colors and shapes of modern tomatoes, ours are all genetically very similar. This could be a problem if an enterprising new disease assaults them all.

Our society has had a cyclical infatuation with gardening, prompted by wars, economic trials, and now also by a growing unease with the mega-moneyed industries that have disconnected us from our food sources. Although most gardens contain tomato plants and despite full knowledge of how good a tomato tastes, we have come to ignore the existence of seasons and accept

insipid commercial winter tomatoes. The actual food value of these tomatoes – never high on the nutrient scale – has plummeted further in the last fifty years due to the methods used in their manufacture.

Virtually all of the winter tomatoes in the northeast have been grown in Florida... in a climate and in conditions that require extreme inputs of herbicides, fungicides, fertilizers and very cheap labor. Flavor is not the first consideration. Picked hard, green, and transportable, they head to warehouses to be gassed with ethylene forcing the preferred red coloration for their journey north. The harvesting of tomatoes on a grand scale for sauces and the like is done by poisoning the greenery with herbicides so that blind machinery can drive through and more easily harvest the now naked fruit.

The message I offer is: can, freeze, or dry the essence of summer with tomatoes grown by yourself or other people you know. Eat local.

Ann Eldridge



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938-2926

Bradford Police Department

(continued from June)

James (Jim) Valiquet has led the Bradford Police Department as Chief since 2005. His interest in law enforcement began with the Police Explorer



group while in high school. After four years in the Air Force, he began his police career in Exeter in 1975, rising from patrolman to Head of Investigation over a period of 16 years. In 1992, as Exeter developed into a more urban community, he accepted the position of chief in Newbury in 1992, serving until 2005. In that year he served as chief of both Newbury and Bradford.

He continued formal education through the School for Life Long Learning (now Granite State College) and received a Masters Degree in Homeland Security and Emergency Preparedness from New England College in May of this year. Chief Valiquet was president of the NH Chiefs of Police Association in '06/'07 and is currently President of the Central

NH Special Operations Unit (the SWAT team), which combines the assets of several departments to respond to emergency situations.

Cyber security is a major concern for the future, with the potential disruption of the electric grid, banking, phone lines, and so many other facets are based on dependence on interconnected computerized systems. The PD has begun to compartmentalize its phones and computers so that not all systems would be effected in the event of an attack. He mentioned the increase in telephone and computer scams and advised filing complaints at ftc.com/complaint. This helps the federal agency track patterns of fraud and abuse.

He also mentioned the emergency calling program that he began while in Newbury and has continued in Bradford. Elderly or infirm residents (or anyone who needs special help) can be called when weather or other elements pose significant problems.

For the future, Chief Valiquet suggested looking at combined or regional services for several town departments, building on the success of the merger of the Bradford and Henniker Rescue Squads. He expressed pride in the men and woman of the Bradford police force and their dedication to the Town, especially the youth.

Marcia Keller



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In Newbury

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CONCERT

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Friday, July 26, 2019 at 7:30pm
Music of
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Yasuo Watanbe, *Pianist*
with
 Chris Kies, *Pianist*

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 To reserve your seats, pre-purchase your tickets by calling (603) 748-9597
 or emailing your request to: lettvinconcertseries@gmail.com*

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MONTHLY BRIEFING: Town Board Reports

(Continued from page 1)

BACC Use of the \$10,000 appropriated at Town Meeting for repairs at the BACC was discussed along with questions about the membership of the Governance Board and its by-laws, goals and objectives.

Marlene Freyler, on behalf of Freyler Driving School, requested a solution for air conditioning rooms on the second floor of the BACC. The Selectmen approved expenditure up to \$1,000 for material needed for portable air conditioning units for this area as proposed by the BACC Governance Board.

Part-time Fire The job posting for the part-time Fire Chief was approved. The cost, as recommended by Municipal Resources Inc., is \$1,474.98, and was not budgeted. For now, the expenditure will be from the Fire Department budget.

Conservation Commission The Board signed appointments for Seth Benowitz, Nathaniel Bruss, Ann Eldridge, Scott MacLean and Doug Southard as members of the BCC. The Commission presented recommendations to the Board concerning the future management of Class VI roads.

Masonic Lodge Purchase of the building has been completed. In response to a question from Andrew Pinard, John Pfeifle replied that no analysis of use of the property has yet been done.

Lafayette Trail Signs The Board signed a letter supporting Bradford's

request to be included as part of the State's Lafayette Trail Project. Historical markers will be placed at locations where Lafayette stopped on his return to America in 1824/25. Bradford was among the stops! A campaign, organized by Marge Cilley, garnered 73 signatures from Town residents for this project.

Intents to Cut Signed for Map 6/Lot 8 on Sunset Hill Road and Map 6/ Lot 116 on Forest Street.

PLANNING BOARD

Master Plan Mike Tardiff, Central NH Regional Planning Commission (CNHRPC) reviewed possible revisions to the Zoning Ordinance, which protects Bradford's rural character while allowing desirable non-residential development. Matt Monahan (CNHRPC) discussed housing needs based on regional demographic trends and feedback from the Master Plan survey.

Site Walk Map 3/Lot 1, route 114 (former Auto Craft). No areas of concern were identified outside of repairing one section of fencing and submitting a revised Site Plan. Peter Fenton and Pete Hill of Hill's Auto and Marine Repair agreed to address both concerns.

CIP Committee Members include Justin Dohrn, Caleb Connor, Jason Allen, Karen Hambleton, Carol Troy, Claire James and Marlene Freyler.

ZONING BOARD OF ADJUSTMENT

Special Exception The Board voted to approve the application from Jessica

and Matt Michie to allow a Commercial Business in the Rural/Residential Zone with the condition that "No material change in scope is implemented beyond the proposed Site Plan dated May 28th, 2019." The Michie's plan to open a retail lawn and garden center at the former Kearsarge Fitness Center property on Route 103.

Conference Ken Parys, Nathaniel Bruss, and Denise Renk shared information from the Spring Planning & Zoning Conference they attended in June.

CONSERVATION COMMISSION

Conservation Easement The owner of a 168 acre property on Route 114 inquired about putting an easement on the property, which includes Lake Massacum frontage, documented rare plants, and a snowmobile trail.

Class VI Road Ordinance Proposal The statutory mission statement and the draft recommendations on Class VI road ordinances were presented to the Selectmen who accepted and approved them. The BCC will continue to assist and advise the Board in updating ordinances to protect the integrity of Class VI roads.



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Elizabeth D. Forbes, DVM
Brittany Y. Paquette, DVM
Olivia J. Lattanzi, DVM

House Calls Available

428-3441

Maple Street, Henniker



Fitness Center Repurposing The BCC will submit concerns to the Planning Board regarding prohibiting the use of pesticides and toxic substances in the portion of the property within the 100 year floodplain.

Ausbon Sargent Bradford Bog Walk: A walk along the boardwalk and visit to the Bradford Hotel and Springs site is scheduled for Thursday July 18 at 2pm.

Fairgrounds Road Beaver Dam The BCC will suggest implementation of a beaver deceiver to address problems caused by a beaver dam on Fairgrounds Road.

Friends of the Minks A user friendly list of rules for Class VI roads is available for ATV trail riders and others.

Rail Trail An email from Michele Halstead (RHC) asked if a sign is needed to protect the section of rail trail substrate in Bradford. The snowmobile club could be asked to post signage. Regarding her concern about drainage problems on the Tilly Wheeler trail, George Beaton said material is needed to build up this area of the trail.



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LIBRARY TRUSTEES

Attendance Numbers are similar to past months. 80 people showed up on the first Friday of the new hours.

Summer Program Begins July 8 and will include a fairy garden workshop (in June) and a poetry reading, July 10. Funds were approved to pay for summer programs and to purchase two comfortable bean bag chairs for the Children's Area.

New Employee Gemma Laser was announced as a new part-time employee.

CEMETERY TRUSTEES

Perpetual Care Removal of this requirement will be introduced at Town meeting 2020. It will be explained that going forward perpetual care monies will be added to the cost of the lot.

Water The water has been turned on at Sunny Plains Cemetery. There was a brief discussion on desired future replacement of the water system.

Minutes of all meetings are on file at the Town Office and online at *bradfordnh.org*.

For an audio file (mp3) of the recordings of meetings, please visit <http://bradfordnh.org/mp3/>

Some meetings are now streamed live - check the website!

Belanger Home Improvements
Call John 938-2858

Toast on Fire Toastmasters

What IS Toastmasters? Toastmasters helps members improve their communication, public speaking, and leadership skills. It's terrific for business owners, managers, job seekers, or anyone who works with other people, to help gain more self-confidence and learn to give more constructive and valuable feedback, along with other valuable skills you learn and practice during gatherings. It's also a fantastic place for networking and meeting new people!

Regular meetings start on Wednesday, July 3rd (visitors and future members all are welcome)!

1st and 3rd Wednesdays at the Library, 2nd Wednesday is Virtual, 6:30 PM

Pillsbury Library, Frank Maria Meeting Room, 18 East Main Street, Warner, NH

<https://toastonfiretoastmasters.com>

Serving Warner, New London, Andover, Newbury, Bradford, Sutton, Henniker and Surrounding Areas. Toastmasters is a 501(c)(3) Non-Profit.



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Community Events Calendar

Monday, July 1st

10:00 am Children's Storytime, BML
 10:30 am Children's Playgroup, BML
 1:00 pm Bridge Group, SR
 3:30 pm Driving School, LR
 7:00 pm Selectmen's Meeting, YR

Tuesday, July 2nd

10:00 am Stitches from the Heart
 12:00 pm Noon Senior Dining
 12:30 pm Mahjong Group, LR
 3:30 pm Driving School, LR

Wednesday, July 3rd

3:30 pm Driving School, LR
 7:00 pm Zoning Board of Adjustment

Thursday, July 4th

Closed for Independence Day

Friday, July 5th

11:30 am First Friday Brunch
 12:00 pm Music performance by Phil Swazey & 50/50 Raffle

Saturday, July 6th

Bradford Independence Day Celebration
 (FULL SCHEDULE ON PAGE 1)
 4:00 pm Parade on Main Street
 9:30 pm FIREWORKS,
 Brown Shattuck Field

Monday, July 8th

10:00 am Children's Storytime, BML
 10:30 am Children's Playgroup, BML
 1:00 pm Bridge Group, SR
 2:00 pm Kid's Poetry with
 Matt Forrest Esenwine, BML
 3:30 pm Driving School, LR
 6:00 pm Rural Heritage Connection, SR

Tuesday, July 9th

10:00 am Stitches from the Heart
 12:00 pm Noon Senior Dining
 12:30 pm Mahjong Group, LR
 3:30 pm Driving School, LR
 7:00 pm Planning Board, YR

Wednesday, July 10th

1:00 pm Knitting Group
 3:30 pm Driving School, LR
 6:00 pm Poetry Reading with poets
 Ellen Hirsh, Kathy Solomon &
 Serena Fox plus invitation to
 budding poets to read their work!
 Call BML to register 938-5562

Thursday, July 11th

12:00 am Noon Senior Dining
 12:30 pm Mahjong Group, LR
 5:00 pm BACC Governance Board, YR
 6:00 pm Community Economic.
 Development Group, SR

Monday, July 15th

10:00 am Children's Storytime, BML
 10:30 am Children's Playgroup, BML
 1:00 pm Bridge Group, SR
 2:00 pm Live Animals from
 Hopewell Farm, BML
 3:30 pm Driving School, LR
 7:00 pm Selectmen's Meeting, YR

Tuesday, July 16th

10:00 am Stitches from the Heart
 12:00 pm Noon Senior Dining
 12:30 pm Mahjong Group, LR
 3:30 pm Driving School, LR
 7:00 pm Conservation Comm., BML

Wednesday, July 17th

3:30 pm Driving School, LR
 6:00 pm Yoga, SR
 7:00 pm Reading Group, BML

Thursday, July 18th

11:00 am LSVNA BP Clinic
 12:00 pm Noon Senior Dining
 12:30 pm Mahjong Group, LR

Friday, July 19th

10:00 am Friday at the Movies:
 "The Book Thief"
 12:00 pm Noon 3rd Friday Brunch

Saturday, July 20th

2:30 pm Judy Ptarmigan, SR

Monday, July 22nd

10:00 am Children's Storytime, BML
 10:30 am Children's Playgroup, BML
 1:00 pm Bridge Group, SR
 2:00 pm Storytelling with
 Simon Brookes, BLM
 3:30 pm Driving School, LR

Tuesday, July 23rd

10:00 am Stitches from the Heart
 12:00 pm Noon Senior Dining
 12:30 pm Mahjong Group, LR
 7:00 pm Planning Board, YR

Wednesday, July 24th

12:30 pm Mahjong Group, LR
 3:30 pm Driving School, LR

Thursday, July 25th

12:00 pm Noon Senior Dining
 12:30 pm Mahjong Group, SR
 7:00 pm Road & Bridge Comm., BACC

Friday, July 26th

7:30 pm Lettvin Classical Concert
 Bradford Center Meetinghouse
 Call 938-6174 for details

Monday, July 29th

10:00 am Children's Storytime, BML
 10:30 am Children's Playgroup, BML
 1:00 pm Bridge Group, SR
 2:00 pm Carnival Games, BML
 3:30 pm Driving School, LR

Tuesday, July 30th

10:00 am Stitches from the Heart
 12:00 pm Noon Senior Dining
 12:30 pm Mahjong Group, LR
 1:30 pm Water Coloring, SR
 3:30 pm Driving School, LR
 7:00 pm Planning Board

Wednesday, July 31st

9:15 am Trip to NH State House and
 Lunch at the Common Man
 Restaurant
 3:30 pm Driving School, LR

All events take place at the Bradford Area Community Center (938-6228) or the Mountain View Senior Center (938-2104) unless otherwise noted. Call to confirm dates and times in case any changes have been made.

Ongoing Events

Mondays

10:00 am Children's Storytime, BML
 10:30 am Children's Playgroup, BML
 7:00 pm Selectmen's Meeting, BACC
 Summer months: 1st & 3rd Mondays
 7:00 pm Rural Heritage Connection, BACC
 2nd Monday/month

Tuesdays

7:00 pm Conservation Commission, BML
 3rd Tuesday/month
 7:00 pm Fish & Game Club
 1st Tuesday each month
 7:00 pm Planning Board, BACC
 2nd & 4th Tuesdays/month

Wednesdays

6:00 pm Library Trustees, BLM
 1st Wednesday/month
 7:00 pm Zoning Board, BACC
 1st Wednesday/month

Thursdays

6:00 pm Cemetery Commission
 2nd Thursday/month; call 938-2119
 6:00 pm Economic Development Group, BACC
 2nd Thursday/month
 7:00 pm Road & Bridge Repair Committee,
 BACC, 4th Thursday/month

Fridays

11:30 am First Friday Brunch, MVSC
 call 938-2104 for reservations

Other

Historical Society Tin Shop, East Main Street;
 by appointment, call 938-2253

Calendar Abbreviations

BACC	Bradford Area Community Center
BCC	Bradford Community Church
BCMh	Bradford Center Meetinghouse
BML	Brown Memorial Library
FGC	Fish & Game Club
KLC	Kearsarge Learning Center
LSVNA	Lake Sunapee Visting Nurses Assoc.
LR	Learning Room
MVSC	Mountain View Senior Center
SR	Senior Room
YR	Youth Room
ZBA	Zoning Board of Adjustment



★ AREA EVENTS ★

BRADFORD

Independence Day Breakfast Buffet, July 6, 8-11 am at the Appleseed Restaurant. Sponsored by St. Peter's Lodge and Eastern Star, benefit for Bradford Historical Society. Contact: Appleseed Restaurant 603-938-2100.

Red, White and Blue (Hills) Gravel Adventure, July 6, starting at 9:30am.

This is the inaugural year of what will hopefully become a July 4th-oriented gravel riding tradition that takes riders through some of the most scenic dirt roads in the Lake Sunapee region! There are 3 measured routes all of which wind through the back roads of Bradford into Henniker and Hillsboro. For more information and to register go to <https://www.bikereg.com/BHCC-gravel>, password BHCC. Or contact the event director, Howard Weiss (617) 894-2353.

Town Swim Lessons, Monday – Friday (2 Weeks), July 8–19, at French's Park. Sign ups on the first day of lessons (July 8th) \$70 for first child and \$60 for additional children. Contact: Margaret Raymond, 603-938-5392 or Karen Hambleton, 603-938-5900, administrator@bradfordnh.org.

Poetry with Matt Forrest Esenwine, Monday, July 8, 2-3pm at Brown Memorial Library. Contact: Ellen Barselle, 603-938-5562.

Poetry Reading featuring two local poets, Kathy Solomon and Ellen Hersh, and one visiting poet, Serena Fox, on Wednesday, July 10 at 6pm at Brown Memorial Library. Budding poets are encouraged to come and read their work aloud. This program is free to the public and with refreshments.

Live Animals from Hopewell Farm, Monday, July 15, 2-3pm at Brown Memorial Library. Contact: Ellen Barselle, 603-938-5562.

Hike the Bradford Bog and Springs, Thursday, July 18, 2-4pm at Bradford Bog and Springs. Check <https://>

ausbonsargent.org for details and directions. Free event but registrations appreciated by emailing kheath@ausbonsargent.org or by calling 526-6555. Contact: Kristy Heath.

Storytelling with Simon Brookes, Monday, July 22, 2-3pm at Brown Memorial Library. Contact: Ellen Barselle, 603-938-5562.

Carnival Games, Monday, July 29, 2-3pm at Brown Memorial Library. Contact: Ellen Barselle, 603-938-5562.

NEWBURY

Old Home Day, Saturday July 13, all day in the Town of Newbury. Enjoy arts, crafts, food, entertainment, concerts and fireworks. Contact: Newbury Offices, 603-763-4940.

NEW LONDON

The Rastrelli Cello Quartet, Thursday, July 18, 7pm at the First Baptist Church in New London. The Summer Music Associates are pleased to present this concert which will include guest violinist Lindsay Deutsch. Go to www.summermusicassociates.org for more information and ticket purchases. Contact: Nancy Tripp, 603-26-8234.

Chris Brubeck's Triple Play, Saturday, July 27, 7pm at the Sawyer Theatre at Colby-Sawyer College. Go to www.summermusicassociates.org for more information and ticket purchases. Contact: Nancy Tripp, 603-26-8234.

Dragonfly Walk at Low Plain, Tuesday, July 30, 2-4pm at Low Plain Conservation Easement in New London. Come sight, catch, observe and release many different dragonflies! Free event but space is limited. Registration required by emailing kheath@ausbonsargent.org or by calling 526-6555. Contact: Kristy Heath.

WARNER

Reading of Frederick Douglass Speech, Wednesday, July 3, 12pm at Warner Town Hall. Warner Historical Society invites area residents to a public reading of one of the 19th century's

most famous speeches. Contact: Lynn Clark, 603-456-2437, info@warnerhistorical.org.

Tai Chi, Tuesday, July 9, 12pm at MainStreet BookEnds. Taught by Marcia Wyman, the class covers basic tai chi movements for balance, flexibility, strength, and mental concentration. 1 hour class for 4 Tuesdays in July. Cost is \$20. Call 603-456-2700 to pre-register. Contact: MainStreet BookEnds, 603-456-2700.

Summer Splash in Warner, Friday, July 12, 5-7pm at The Gallery. Summertime art exhibit opening with wine and hors d'oeuvres. Contact: MainStreet BookEnds, 603-456-2700.

Mink Hills Band, Friday, July 12, 6-9pm on MainStreet Warner Stage. Come listen to a local band in Jim Mitchell Community Park Amphitheater. Contact: MainStreet BookEnds, 603-456-2700.

An Evening with Author Diane Les Bequets, Saturday, July 13, 7pm at Warner Town Hall. The Warner Historical Society's Tory Hill Authors Series Contact: Lynn Clark, 603-456-2437, info@warnerhistorical.org for ticket information

Beat Fest, Wednesday, July 24, 5-6:30pm on MainStreet Warner Stage. Come jam in an all ages drum circle with Kathy Lowe and Julie Corey. Contact: MainStreet BookEnds, 603-456-2700.

An Evening with Author Andre Dubus III, Saturday, July 27, 7pm at Warner Town Hall. The Warner Historical Society's Tory Hill Authors Series Contact: Lynn Clark, 603-456-2437, info@warnerhistorical.org for ticket information.

A Universe of Stories with Mr. Aaron, Tuesday, July 30, 7-8:30pm on the MainStreet Warner Stage. Pillsbury Free Library summer reading program performance. Contact: Sue Matott, 603-456-2289.

Out & About Two Foxes

These two foxes found their way into our backyard within a few days of each other. The gray fox (right) carried off our two remaining laying hens. The red one (below) chased a rooster, but, with some scary tactics from me, was unsuccessful in scoring a chicken dinner. Each of them posed nicely as I snapped them from our screened porch.



Many of you are enthusiastic about recording the beauty that surrounds us. Therefore, I'd like to invite photographers to share images to be included in this article. Of course proper credit will be given. The most interesting photographs will be from Bradford and close-by places. An accompanying caption would be nice. One last request is to submit the images in .jpg or .jpeg format.

Kathleen Bigford

JULY HOROSCOPES

What is in the stars for the month to come? Read on...

♋ Cancer (June 21 - July 22)

The month will take off at light speed with a lot of work that will need your attention. But by the 11th, a window will open for you to treat yourself to some very quiet, regenerative time. You'll need to stay good and grounded as a few challenges come your way on the 17th and 18th. By the 20th, you'll find resolve. Connect with community on the 30th to find joy!

♌ Leo (July 23 - August 22)

It's all within reach right now! Sit back and relax, things will come easily for you during the first week of July. On the 11th and 12th, dig in your heels and stick to that healthy lifestyle you sketched out for yourself. Rely on your intuition on the 22nd and 23rd. It won't lead you astray! Check in with your finances, and adjust your plans accordingly on the 30th and 31st.

HAPPY BIRTHDAY BRADFORD FRIENDS!

Leah Cummings- 11th, Bliss Dayton- 15th, Will Moss- 20th,
Wyatt Banaszak- 24th, Max Grey- 26th

Submit your birthdays to us at the Bridge and we will include yours in the issue of your birthmonth. Send to bradfordbridge345@gmail.com by the 20th every time.



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Lake Massasecum Improvement Association SUMMER EVENTS

Wednesday, July 3rd,
9:00 PM Flares

Saturday, July 13th,
9:00 AM Annual Meeting,
Casino

Saturday, August 31st,
8:00 PM Flares

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