



THE Bradford Bridge

COMMUNITY NEWS FOR NEIGHBORS BY NEIGHBORS

Volume 20, Number 12; Issue 221

December 2009

Safe Routes To School Event Rallies Community Support

Little goblins and pirates, while enjoying the annual “Trick or Treat” fest were encouraged to participate in the November 14th “Safe Routes To School” event. There was an invitation to come to a scavenger hunt on Main Street beginning and ending at the Bradford Area Community Center where snacks and prizes were enjoyed by local children and families. Although the weather was dismal, several children and parents turned out and wandered Main Street, maps in hand, to discover top secret, historical information at various sites before returning to the Community Center for a celebration.

“Safe Routes To School” is a collaborative effort among Bradford and area parents, children, community members, local police and school officials who

are working together to highlight the importance of developing exercise, diet and healthy habits in children and other community members. A fit, health conscious community of people live longer, enjoy a higher quality of life and suffer fewer illnesses than a more sedentary population of people with poor diets and little physical activity. The Safe Route To School Project is being developed to support good health habits. Accessing grants that would help us restore or build sidewalks and working together towards common goals as a community will encourage more walking and more community involvement in fostering physical activity fueled by good diets and mindful exposure to healthy living. Please contact us at the Bridge if you are interested in volunteering to develop this project.

10 QUESTIONS

by Phyllis Wilcox

This month we continue our series of interviews with people in Bradford. Phil Stockwell was hired as director of Mountain View Senior Center in Bradford in January, 2009. As he approaches his one year anniversary, we wanted to talk to him about his first year, the direction of his organization, and a survey of what is offered to the town and the surrounding area. Phil was born and raised in Peterborough and went to school there. He has served in the US Navy in Vietnam. His background: includes: meat department manager at Cricenti's in Warner, grade school teacher, and operating a catering business.

Q. You have been Mountain View's Senior Center director for nearly one year. What changes have you made in the position?

I have worked hard to bring in interesting programs. There are many ongoing programs that do not need any help. Community dining is an issue because it is perceived by people as a meal offered for only a segment of the senior population and not a place that independent seniors would take advantage of. That is not really true. We're here for anyone who wants to come. It's not a handout. We do ask for a small donation. It's a place to meet people, to socialize and spend some time. One of the

continued on page 8



The Bradford Bridge



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Advertising

The Bradford Bridge is a free community newspaper supported by advertisers. To place an ad, call Maureen O'Keefe at 938-2941. Ad deadline is the 15th of the month.

Submissions

The Bradford Bridge is written by neighbors, for neighbors. Anyone is welcome to submit articles and/or photographs of interest to the community. We reserve the right to edit submissions.

Selectmen's Office Hours 938-5900

Mon-Weds-Thurs: 7:30 am-12 n
1 pm - 5 pm
Tuesday 7:30 am-12 n
1 pm - 7 pm

Selectmen meet 1st and 3rd
Tuesday of each month at 5:30 pm

Town Clerk/ Tax Collector Office Hours 938-2288

Monday: noon - 7 PM
Tuesday: 7am -11:30 am
12:30 pm - 5 pm

Circuit Rider

Wednesday - call 938-2253
for appointment

Friday - all offices closed until
1/8/2010, then resume 8am - 5pm

From The Editor:

The Bradford Bridge Board extends best wishes to all of our community for a happy holiday and a wonderful New Year. We are pleased to be working together to bring the Bridge to you for another great year. We have changed our server and now work with Iamnow, our neighborhood provider, to improve the quality and distribution of our town paper. Please note our new address, "**contact.us@bradfordbridge.com**". We are also devising a less complicated method of delivering the Bridge on line, still in the planning stage. We have a new computer, a Bridge camera, updated computer access and feel quite modern now that we have new equipment dedicated for Bridge use only. In the past, we've relied on the generosity of volunteer editors and begged or borrowed for equipment to produce the Bridge. Even dinotechs can learn!

We are very grateful to our advertisers, the wonderful businesses that support our hometown paper and we urge you to support them and do business locally whenever possible. We are grateful to our readers for their comments and memories, letters and support for the paper.

We hope that the New Year brings some much needed improvement to the downtown area. "When travelling the backroad highways and byways of Bradford", someone recently remarked. "you could be in any beautiful, pastoral setting – France, the Alps, the Rockies, so many beautiful places". But, the first introduction to Bradford, our face to the world, is a blighted and disintegrating downtown. A downtown once prosperous and full of energy is under siege with burned out structures, abandoned buildings and closed up store fronts. It doesn't have to be this way (see Laura Hallahan's Real Estate column this month). The Sidewalk Project is one small step towards improving the climate and productivity of our town. Please support the efforts of other concerned citizens by volunteering and participating in the many town committees that can influence the future of our town.

We wish you a wonderful Christmas and New year!

Beth Rodd, December Editor



Town Clerk/Tax Collector Hours

Town Clerk/Tax Collector Susan Pehrson announces that as of January 8th, 2010, Friday hours will resume. They will be 8:00 am to 5:00 pm. She hopes this will be of service to the many residents who have found the loss of these hours to be difficult.

Kearsarge Regional School District News

by Andrew Pinard

December is here and our district schools are prepping for their holiday concerts, performances, winter sports and activities. One of the best ways to know what is going on in the district is through the online calendar at www.kearsarge.org.

Parents should be aware of the 2009/2010 calendar details as the vacation weeks in February and April do not coincide with what some consider the "traditional" New Hampshire vacation weeks. In 2009, Holiday Break begins with no school on December 24. Students return to school on January 4. February break is February 15 through 19. April break is the April 19 through 23.

The district has come up with a proposed school calendar for 2010/2011. It is important that anyone affected by the school calendar review the draft and provide feedback so the district can finalize the calendar. The administration has attempted with the proposed calendar to establish breaks that balance the educational opportunities available to students with family plans to obtain the most benefit from the natural resources provided to our residents through the seasons.

The budget process is moving forward with the Deliberative Session currently planned for 9:00am on January 9th at the high school. In addition to the approving the general fund, there are a number of warrant

article which will appear on the ballot.

The first article seeks approval for funding an Energy Conservation Upgrade. This is an agreement that the district has had in the past which provided energy and efficiency upgrades to the district with the offset of costs being made up by the savings achieved through implementation. This is a second phase of an agreement that realized excellent savings to the district through the first phase. 55% of the appropriation is anticipated to be reimbursed through the state school building aid funds and a portion through PSNH grants.

The second article would appropriate funds for a marginal increase in the operating fund.

Two articles proposed would address proposed contract negotiations with both the Para Educators at Kearsarge (PEAK) and the Kearsarge Regional Educators Association (KREA).

Two articles deal with maintenance appropriations. One would appropriate the sum of \$25,000 to be placed in the Special Educa-

tion Expendable Trust Fund and one would appropriate the sum of \$50,000 for the School Buildings Maintenance fund. Both of these articles are for funds that are periodically utilized with appropriations intended to maintain the fund balances.

One article is to specifically authorize an arrangement that currently exists designating the Town of New London to act as trustees of the District's trust funds.

All citizens are recommended to participate in the budget process. The detailed proposed budget is available at www.kearsarge.org and voters can expect to be receiving information soon as to the specifics of the proposed budget to be discussed at the deliberative session.

I wish you all a wonderful holiday season. If you have any questions, concerns or recommendations regarding the school district, please feel free to contact me by email at krsd@absomagic.com or by telephone at 603-938-5157.



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Selectmen's Highlights

Transfer Station: Selectmen approved purchase of a new long stroke baler from Recycling Mechanical as requested by Ken Anderson, Transfer Station Manager. Their bid was the best of the three submitted. Funds to cover the cost will be taken from a grant and from the Revolving Transfer Station Fund.

Parks and Recreation Committee: Director Kate Dobrowski reviewed the budget request for next year. She mentioned events that were held this past year and outlined work done at French's Park and what is planned there next year, including infiltration trenches.

Community Center: Director Kate Dobrowski presented the 2010 budget for the Community Center and advised what work has been done recently, including new counter tops in the kitchen. Chair Charles Meany requested that contracts and leases be reviewed and suggested adding maintenance fees. He stated that the Farmer's Market and the summer camp program need to be discussed further at a later date. In response to a question from Selectman Jack Meany regarding re-certification and licensing of the elevator, Dobrowski responded that there is no existing maintenance agreement on the elevator.

School Budget: School Board Representative Andrew Pinard discussed the approved School Board budget for 2010/2011 that shows an increase of 1.69% or \$572,432.50. The main increase is attributed to a 10% increase in the health insurance.

Fire Department: Fire Chief Mark Goldberg and Chris Frey presented the department's budget and proposed warrant articles, including capital reserve for heavy equipment. They would like to increase the capital reserve contribution to be ready for replacements under the projected 25 year rotation. Also discussed was the need for updated communication equipment that must be in place by 2013. Two grants have been procured. Selectmen questioned whether all departments could work collectively in this endeavor.

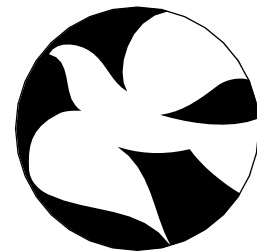
Decorations: Marlene Freyler proposed placing wreaths on the poles along Main Street rather than flags and placing a tree and garlands at the front of the Town Hall. Selectmen approved using funds from the Patriotic Budget to cover the cost.

Road Agent : Chairman Charles Meany introduced Jeff Remillard from Weare as the new road agent. Mr. Remillard gave his report on the first three weeks on the job. The plow frames are on. Every gravel road in town has been graded. A tree on County Road has been taken down and brush on Deer Valley Road has been picked up. Selectman Peter Fenton stated that Mr. Remillard has the support of the selectmen.

Charles Meany said the Road Committee is meeting and has some new members.

Appraisal: A contract for \$40,000 was signed with Cross Country for revaluation.

Minutes of all selectmen's meetings are on file at town hall and online at bradfordnh.org



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High Spirits 4-H Club has had it's KICKOFF!

We are pleased to announce our new 4-H Officers! Congratulations!

- President:** Samual Williamson
- Vice President:** Matthew Noyer
- Secretary:** Cailyn Dezotell
- Treasurer:** Jack Hearne
- Reporter:** Caleb Hasey
- Recreation Leader:** Hailey Lacombe
- Sunshine Person:** Christopher Schnyer

We had a great October meeting where the 4-H members voted on their club officers. Members signed up for numerous committees, played games, and got the ball rolling on what we will be doing this year in 4-H. Some members also participated in a County Wide 4-H event called Roundup. This is where multiple 4-H clubs get together for games, teamwork, socialization, recognition, and

lots of Fun! We enjoyed our November 19th meeting which will be at the BACC. Our club officers will be installed with a formal candlelight ceremony. Congratulations to all members and officers who participated in October's meeting!



Carter Hasey (6) shares his giant cookie with his sister at the 4-H event, Roundup!



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Members:
Jayne Rayno, Chair
Christine Waite
Cheryl Behr
Bud Morse
Laura Hallahan
Les Gordon
Peter Fenton



VNA | Self Care During the Holidays

During the busy holiday season self care is more important than ever. Lake Sunapee Region VNA and Hospice wishes you a happy and healthy holiday season and reminds you to take CARE!

- Get enough sleep.
- Delegate, consolidate or eliminate projects and errands when possible.
- Give yourself ½ hour of self care each day: massage, read, nap, yoga etc.
- Set up walking dates instead of lunch dates with friends
- Eat breakfast.
- Put less focus on the food and more on conversation at holiday parties.
- Limit alcoholic drinks as they inhibit your body's fullness signals
- **Enjoy the moment!**



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Deadline for the next edition of the Bradford Bridge is December 15. Submissions after that may not get published. Submissions can be sent to us by email at contact.us@bradfordbridge.com or through the Bradford Bridge site at <http://bradfordbridge.com>

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TIF Advisory Committee

Two meetings have been held to inform interested residents of the Tax Increment Financing (TIF) program and the role to be played by an advisory committee. An application has been submitted for a Transportation Enhancement Grant for improvements in the District that was approved by voters at the Special Town Meeting in September. The application was deemed the best one reviewed by CNHRPC and was passed on to NHDOT. It is hoped that the outcome of the grant application will be received by the second Tuesday in February. This would allow any necessary changes in the program to be presented to voters at Town Meeting. If the grant is successful, matching funds from the town will be necessary.

Town Administrator Cheryl Behr said that more members are needed for this program. Members must be Bradford residents, but may reside either in or outside of the district. Quarterly meetings are anticipated for the first few years until funds have been accrued to move ahead. Anyone interested in serving should contact the town hall.

New Bridge e-mail address:

contact.us@bradfordbridge.com
 or go to the site:
<http://bradfordbridge.com>

Kearsarge Area Preschool News

by Karen Lynn Hambleton

Preschoolers have continued their exploration of the alphabet, working their way to the letter J in November. Halloween provided the opportunity to do many art projects and read many stories. Children celebrated Halloween with a party and performed their autumn play "Time for Fall," in which leaves have a conversation about falling off the tree.

In November, the class read different versions of the classic tale "The Little Red Hen." They discussed the similarities and differences between the different books. To connect the story to free playtime, there was birdseed in the texture table and character puppets



to recreate the story. Children also discussed insects and sang a song to learn about an insect's different body parts. The science center was filled with different types of insects, a beehive and real pollen. The children used magnifying glasses to take a closer look. During the week of Thanksgiving, the class learned why we celebrate Thanksgiving and discussed what they are thankful for. As in years past, the children helped put together our two Thanksgiving baskets for local families in need. To give the baskets a personal touch, the preschoolers made napkin rings from felt.

This month, the class's focus will be on letters J and K, as

well as the holidays and winter. Students will cut out paper snowflakes, make snowmen from Styrofoam balls and do an author study on Jan Brett's "A Christmas Collection." Preschoolers will also be working on "Cooking with Kids," a recipe book full of their favorite child-friendly recipes. As the holidays approach, children will study the various ways in which holidays are celebrated around the world. They will talk about giving and make presents for their families.

Come enjoy Breakfast with Santa on Saturday, December 12th from 8:30 – 11:00 am. The

Preschool has made arrangements with Santa, who will make a special visit to the Bradford Area Community Center for our third annual Breakfast with Santa. Come enjoy a pancake breakfast, have your picture taken with Santa and receive a small gift. All who believe are welcome!!

For more information on our full or part-day sessions, please call Karen at 938-5787.

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25 YEARS OF BUILDING GREEN

Stockwell - continued from page 1

changes I have made is to go from paper plates to china plates and flowers on the tables.

Q Your work history prior to this position has included many different things. You earned a BA in English but worked in other fields.

When I graduated from New England College I needed job security. I knew meat cutting since I had done that throughout high school. I married, went to live in Warner and got a job meat cutting, and eventually became the meat department manager. After that, a natural step seemed to be my own catering business. I operated from a truck in the Concord area for thirteen years. My next move was to become certified as a teacher and I taught fifth grade for twelve years.

Q. What do you see as the main thrust and direction of the Center? Would you describe some of the offerings?

The major goal of the Community Action Program (CAP) is that seniors should be healthy, independent and engaged. Our most popular program and our concentration is on fitness. The enrollment is 26 and our leader, John Warren has been Fitness Director for twelve years. He volunteers his time and does a great job.

Q. The Bradford Area Community Center (BACC) and the Mt. View Center are in the same building with both organizations offering services. Would you describe the ways that they differ and are there many joint offerings?

The Farmer's Market and the gardening project are two examples

of cooperation. I try to target programs that are intergenerational. We have things coming up like the Lincoln presenter who will be here Feb. 11th, 2010. He will be at the center for lunch and also at the Bradford Elementary school. The public is invited to attend. Our quilting group has been an outstanding success. This group, led by Mary Derry, has 16 women of all ages who attend regularly.



Q. The economy is in a rough place. How have current conditions affected your client base? Are you providing more "Meals on Wheels?"

I cannot say that any increase is directly related to the economy. There is definitely more attendance at our community lunches and the "Meals" program. The other services CAP offers like fuel assistance, electricity subsidies and food stamps have increased substantially.

Q. You owned and operated a mobile catering business for thirteen years. Did this food business help in your present position? Can you tell me about

that part of your business life?

The catering business enhanced my knowledge and ability to serve food to the public. I know about food safety and sanitation. There are ties to what I'm doing now. We had a mobile food service and it was sometimes difficult to keep the food hot during extreme cold spells. This is directly related to serving meals to the public whether it is community meals or "Meals on Wheels."

Q. Does the center offer programs five days a week? How many people do you serve? Are the majority of your clients from Bradford or nearby towns?

We serve nine towns. We had 35 people here for Thanksgiving dinner. There were more people from Henniker and Warner than Bradford. We have activities most days and the center is available five days a week. My hours here are from 8 am to 2 pm only. We have seasonal programs like yoga. The ongoing ones are quilting and fitness. We have had some interest in Tai-chi and that may be offered if there is enough interest.

Q. How do you attract clients to your events? Do you feel you are reaching people?

We try to collaborate events with nearby centers like "Council on Aging" and Hopkinton. I've done programs with libraries and historical societies in the different towns. We offer so many good programs: Fridays the bus takes people to Market Basket. We take people to Concord for appointments and shopping.

Q. The media is constantly

bombarding the public with innovations, and information on how seniors can live healthier lives and stay fit. Recently, there was an article on how to prevent hip fractures in older people. Are you able to keep up with all the new information?

We cooperate with the VNA and a doctor at the Newport Health Center who comes here to talk to seniors on topics of interest to them. We recently had a program called "Wise Up On Meds" through the AARP.

Q. We are in the midst of holiday season. Do you have many events planned for the coming weeks?

We have a holiday lunch with piano music as background entertainment planned. Instead of the traditional holiday party we are inviting our "Meals on Wheels" clients to come to the center for a festive lunch on December 15th. We have a volunteer group of bus drivers and others who will drive the people here on that day. It is a departure from our usual celebration but all our volunteers are excited and happy to be part of this new tradition.

The Bradford Bridge welcomes letters to the editor. Word limit is 250 and all letters are subject to editing for style, grammar and taste. Anonymous letters will not be printed. Please include name and daytime telephone number. Space limitations do not allow for back & forth letters from the same writers. Send letters to contact.us@bradfordbridge.com

Letters to the Editor

Thank you to everyone who came to the Conservation Commission's Trail Day last month. We were able to clear fallen trees, brush, and limbs as well as reconstruct water bars on more than a mile of trail up old Dunfield Rd. and across the ridge towards Rowe Mountain. For anyone looking for a little vertical on their walk through the woods, this is a great place to go. Just head up County Rd., then hook a left at the only four way intersection onto West Dunfield Rd and drive until you 'can't drive no more', then walk. Stay tuned for upcoming Conservation Commission Work days. Thank You.

Nate Bruss, Chair, Conservation Commission

Thank you, Audrey, for taking my family picture at the birthday party and the Bridge staff also, for having it in the November issue. I sincerely thank you for printing my letters to editors over the years, this month the one about Fred Hubley and my personal thank you note to all for the awesome party. To make you laugh, in my thank you note the "08" was not a typing error I was just having fun reversing my age. I always had fun doing that as the birthday years increased..8-)

Sincerely,

Dawn

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The Computer Column

This month, the common statement and question is, "My computer is running slowly. I think I need more memory". This could mean many things to a technician. Things such as what kind of memory? Do you need closet space memory or thinking memory. For example, you may need a hard drive or RAM or another type of component. We first need to understand a few things to understand how to address the memory question.

What is hard drive memory?

One of the several components in a computer commonly referred to as memory is the hard drive. The hard drive is a piece in the computer that stores all your files, photos, documents, games, etc. You may need more of this type of 'closet space' memory when your hard drive (closet) gets too full. When your closet becomes too full it is difficult to find what you need in the closet thus taking you more time to find the item you are looking for. A computer hard drive can operate the same way. You should maintain at least 20% free 'closet space' on your computer hard drive to allow for optimum speed and organization when looking for a file.

What is RAM?

Another type of memory that works in conjunction with the hard drive is the RAM or Random Access Memory. This memory comes on small circuit boards and is better known in the sizes it is commonly purchased in such as 512 Megabytes or 1 Gigabyte of memory etc. Think of RAM memory as the work bench on which you place

the items you have taken out your closet while working with them. I'll use puzzles for this example. Your workbench is only so big and the more puzzles you are working on the fuller your workbench becomes until the pieces spill onto the floor.

On a computer, these puzzles manifest themselves as things such as having multiple internet browser windows open. At the same time you are doing a virus scan, while streaming the radio, while talking on AOL instant messenger, etc. It is easy to have many things happening at once on a computer. These things are all happening on the same workbench. Having adequate workbench space is necessary to maintain organization of all these projects. If a computer runs out of memory it won't cease to function but the time it takes to work on each is greatly increased. When you reboot your computer your workbench is cleared for you to start fresh. This doesn't mean that the computer won't try and restart more projects than it can handle as it boots up though. You could be starting out with not enough workbench room.

So how much memory (workbench space) should I have?

Windows will use some of your workbench space as well as all the other applications you have running. If you are the type of person termed a 'power user' or the type that is playing a game, while an antivirus scan is running, while downloading windows updates, while updating Facebook, while talking on AOL instant messenger etc, etc. you will either

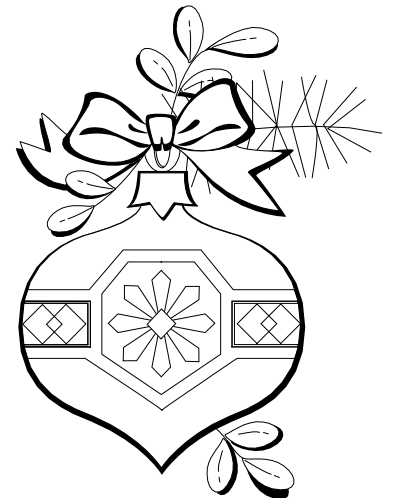
or spread out your tasks rather than do them all at once.

The simple answer is that you although your computer will continue functioning if it runs out memory it will function at a greatly reduced speed. Actually determining how much memory you are using is more complicated.

What can I do to 'free up memory'?

Viruses and spyware are often responsible for large amounts of workbench space being taken up. Items automatically starting with windows will add up too. Things such as background updaters for your printer, adobe products, Quicktime, iTunes... This list goes on. Many items don't have to be constantly running for the computer to run efficiently. Turning off unneeded startup items will free up memory. A little house cleaning can save money in the long run. If you are unsure about turning off an item or need help determining how much memory your computer is using let me know and I can help.

James Thompson, IAMNOW



From the Bradford Fire Department

Welcome to your informational source from the Bradford Fire Department.

Smoke Alarms and CO Alarms

Smoke Alarms

Did you know? 2/3 of all house fires occur in homes that are not equipped with smoke alarms or have non-working smoke alarms.

Here is some information:

- Install on every level, outside & inside bedrooms
- Replace batteries once a year (*schedule on someone's birthday for an easy reminder!*)
- Replace smoke alarms every 10 years (or sooner if there is a problem.)
- Test all smoke alarms once a month.
- Follow the manufacture's instructions for proper installation.
- Do not install smoke alarms near bathrooms, heating sources or ceiling fans.
- Every household needs both smoke alarms and CO alarms.

CO Alarms

Did you know? In 2005, U.S. fire departments responded to an estimated 61,100 CO incidents in which carbon monoxide was found.

Here is some information:

- CO is an invisible, odorless, colorless gas.
- Symptoms of CO exposure can include: shortness of breath, nausea, dizziness, light headedness & headaches.
- Generators emit CO; they need to be placed **outside** and away from the home (not in garages).
- Install on every level, inside bedrooms and have CO alarms centrally located throughout the home.
- Follow the manufacture's instructions for proper installation.
- If the CO alarm sounds, immediately move outside and **call 911**.
- High levels of CO can be fatal, causing death within minutes.
- Test all CO alarms at least once a month;
- Replace CO alarms according to the manufacturer's instructions.

FYI: For Brush pile burning; please contact the *local Forest Fire Warden, Steve Hansen at 938-2634*. He will give more information on the rules and regulations regarding burn piles, and issue a fire permit if the season requires it.

Check us out on our new Facebook page! Go to www.facebook.com, then search *Bradford fire and rescue*

More information & statistics can be found at: www.nfpa.org

Melanie Steiz- Bradford Fire & Rescue



Area Events

Warner

The NH Association for the Blind will be at the Pillsbury Free Library in Warner on Wednesday, December 9 at 1 PM. People with low vision are invited to see a demonstration by a staff professional on magnifiers and other helpful devices. Information will be available on the use of CCTVs for people with low vision. This equipment is available on a lease basis, after one becomes a client of the Association. The Library also has two "MonoMouse" magnifiers to borrow or try out. This device connects to a TV, and resembles a computer mouse that any reader can pass across materials to display the writing in large size on the TV screen.

Call the library at 456-2289 for more information.

Main Street Bookends

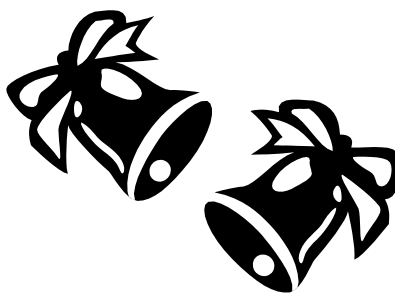
Workingman's Bread announce a Community Supported Bread (CSB) Share Program.

This unique communal program will run for five months, and allows you to choose the share option that best fits you and your family. At a minimum

you will be assured one of our bread products each week. Share pick-up will be held at **Main-Street BookEnds in Warner, NH** where we will be set up with many other locally raised and manufactured products like fresh eggs, jellies, salsas and hand-made soaps from farmers in the area.

Or you may choose to have your share delivered straight to your home.

Info? Contact "www.workingbread.weebly.com/index" or call Lane or Meryl @ 603.568.2877...



Newbury

The Ausbon Sargent Land Preservation Trust's twenty-second annual meeting was held on Sunday, Oct. 26th and was marked by the election of two new members to the Board of Trustees, Martha Cottrill of New London and Cindy Lawson of Springfield.

Since 1987, the ASLPT has helped to protect the rural character of the Mt. Kearsarge/Lake Sunapee region for public benefit through conservation agreements, stewardship, partnerships and education. The land trust is active in the towns of Andover, Bradford, Danbury, Goshen, Grantham, Newbury, New London, Springfield, Sunapee, Sutton, Warner and Wilmot and has protected 6,287 acres in 102 projects since its founding and is supported by nearly 1,100 members.

Retiring from the board this year after six years of service, including two as Chairman, is Nancy Teach of Andover. Also retiring, was Jeanie Plant of New London who also served on the board for two terms and served as co-chair of the Special Events Committee throughout her tenure.

Martha Cottrill has been a permanent resident of New London since 1986 after spending summers in the Sunapee since 1964. Martha holds a BA in Political Economics from Johns Hopkins University and is a partner in an independent investment advisory firm, Taylor, Cottrill LLC.

Cindy Lawson retired to Springfield in 2006 after working as a medical technologist and enjoying summers in the area since 1967. Cindy graduated with a BS from Cedar Crest College, Allentown, PA.

For more information please call the Ausbon Sargent office at: 526-6555.

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Planning Board Notes

Gateway Rentals: Rick Deschesne, owner of Gateway Rentals on Breezy Hill Road, presented a plan showing the locations of signs relating to the business. The large sign facing Route 103 has been placed on the property. The off-premise sign at the corner of Breezy Hill and Route 103 is now a permanent structure replacing the sandwich board that had been in that location. The board voted to approve the site plan revision indicated on the submitted plan and thanked Mr. Deschesne for his cooperation.

Corsair Realty: A public hearing was held for the purpose of declaring the gravel pit on Pleasant Valley Road abandoned under the provisions of state law since there has been no viable commercial extraction from the site for a period of two years. A letter was received from Harriet Hobbs on behalf of Corsair Realty advising that she could not attend the hearing, but that she intends to file an application for a permit to operate a gravel pit at that site.

The Board voted to declare the pit abandoned at this time with full reclamation to be done by June 30, 2010 unless a permit has been applied for and approved prior to that date.

Mosaic Artiques : Carolyn Demers, Mosaic Artiques, did not appear as requested by a letter to her from the Board of Selectmen to discuss filing a site plan for the business located on Route

103. A letter will be sent to the selectmen requesting enforcement.

Sign Ordinance: The Planning Board completed drafting a sign ordinance to be presented to the voters at the March 2010 Town Meeting. Copies are available for review at the town hall.

Workforce Housing The Board has begun drafting an amendment to the Zoning Ordinance to address recently passed legislation designed to provide affordable housing throughout the state. The proposal will establish the criteria and a process to be followed when an applicant wishes to build (or convert) housing for both homeownership and rental opportunities that are affordable under guidelines set in the legislation. A public hearing will be held on this proposal December 22 at 7 PM. Copies of the draft will be available prior to that date.

Minutes of all Planning Board meetings are on file at the town hall and online at bradfordnh.com.

Bradford Events

Bradford Women's Club

Thanks to all who supported our annual Craft and Antique Fair. Our annual Holiday Party for members is Dec. 16 at 4:00. This is an open house at the BACC and please bring an appetizer. Don't Forget, Santa will be at the Library Dec 12 at 4:00 for all the kids. Pictures will be taken and will be available one week later at the Brown Library. Following the tree lighting, the Bradford Baptist Church is sponsoring a ham and bean supper at 5:00.





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DECEMBER CALENDAR
Tues. Dec. 1

9:00 AM – noon – Fuel Assistance – by
appointment, call 456-2207
10:00 AM - Stitches from the Heart
12 Noon - Senior Dining
6:00 PM - Yoga Class

Wed. Dec. 2

3:15 – 5:00 PM – Brownies
6:00-8:00 PM – College Costs and Funding
Workshop

Thurs. Dec. 3

12 Noon - Senior Dining

Fri. Dec. 4

8:45 AM - Mountain View Senior Center Fitness
11:30 PM - First Friday Brunch with pianist
Steve Manley
7:00 PM – Book-to-Movie Discussion of
Charlotte Gray, BML

Sat. Dec. 5

9:00 AM – noon – Writing Workshop
10:00 AM – Bradford Improvement Association
– All Welcome

Mon. Dec. 7

8:45 AM - Mountain View Senior Center Fitness
1-4 PM - Bridge Group
5:30- 7:15 PM – Girl Scouts #12579

Tues. Dec. 8

9AM –12 Noon - Hearing Clinic
10:00 AM - Stitches from the Heart
12:00 Noon - Senior Dining and ServiceLink's
Anita Oelfke about Medicare
6:00 PM - Yoga Class

Wed. Dec. 9

4:30 PM - Bradford Area Community Center –
Committee meeting
5:45 PM - Parks & Recreation Dept. –meeting
6:00 – 7:30 PM –Girl Scouts #10178

Thurs. Dec. 10

12 Noon - Senior Dining Special Holiday Menu
Reservations Strongly Suggested

Fri. Dec. 11

8:45 AM - Mountain View Senior Center Fitness
9:30–11:30 AM- Foot Care Clinic by LSRVNA
at North Ridge Senior Housing.
Call for appt. at 526-4077 or 1-800-
587-3382

Sat. Dec. 12

8:30-11:00 AM – Breakfast with Santa
9:00 AM – Bradford Barter
4:00 PM – Visit with Santa Claus, BML

Sun. Dec.13

1:00-4:00 PM – Girl Scouts #10178

Mon. Dec. 14

8:45 AM - Mountain View Senior Center Fitness
1-4 PM - Bridge Group
7:00 PM - Rural Heritage Connection

Tues. Dec. 15

9:00 AM – noon – Fuel Assistance – by
appointment, call 456-2207
10:00AM - Stitches from the Heart
12 Noon - Special Holiday Dinner Reception
for Meals-on-Wheels Clients—
Reservations Required
6:00 PM - Yoga Class

Wed. Dec. 16

3:15 – 5:00 PM – Brownies
4:00 PM – Bradford Women's Club

Thurs. Dec. 17

10:30AM – 12 Noon - Blood Pressure Clinic
at Mt. View Senior Center
provided by Lake Sunapee VNA
12 Noon - Senior Dining
1:00-3:00 PM - Foot Care Clinic by Lake
Sunapee Region VNA
Call for appt. at 526-4077 or
1-800-587-3382
5:30 – 7:00 PM - 4 H

DECEMBER CALENDAR

Fri. Dec. 18

8:45 AM - Mountain View Senior Center Fitness
 10:30 AM - Friday at the Movies - *Julie and Julia* - Meryl Streep and Amy Adams
 7:00 PM – International Movie (Norway), BML

Sat. Dec. 19

9:00 AM – Writing Group

Mon. Dec. 21

8:45 AM - Mountain View Senior Center Fitness
 1-4 PM - Bridge Group
 5:30 PM – Girl Scouts - #12579

Tues. Dec. 22

10:00 AM - Stitches from the Heart
 12 Noon - Senior Dining
 6:00 PM - Yoga Class

Wed. Dec. 23

10:30AM – 12 Noon Blood Pressure Clinic -
 LSVNA at Warner Senior Room

Thurs. Dec. 24

12 Noon - Senior Dining Special Holiday
 Soup and Salad
 5:30 – 7:00 PM - 4 H

Fri. Dec. 25

**Mountain View Senior Center Closed
 Merry Christmas To All!!**

Mon. Dec. 28

8:45 AM - Mountain View Senior Center Fitness
 1-4 PM - Bridge Group

Tues. Dec. 29

10:00 AM - Stitches from the Heart
 12 Noon - Senior Dining
 6:00 PM - Yoga Class

Thurs. Dec.31

12 Noon - Senior Dining

Happy New Year!!!

All events take place at the Bradford Area Community Center (938-6228) or the Mountain View Senior Center (938-2104) unless otherwise noted. Please call to confirm dates and times in case there has been a change to the submitted information.

Abbreviation Key
BBC - Bradford Baptist Church
BML - Brown Memorial Library
FGC - Fish & Game Clubhouse -Gillingham Drive
KAP - Kearsarge Area Preschool
KRES - Bradford Elementary School
MVSC - Mountain View Senior Center
TH - Bradford Town Hall
ZBA - Zoning Board of Adjustment

Ongoing Events
Children’s Storytime - Wednesdays at 10:30 am BML
Cemetery Commission - 2nd Thursday at 6 PM. Call 938-5539 for information
Conservation Commission - 3rd Tuesday 7 PM, Town Hall or BML
Fish and Game Club - 1st Monday of each month - 7 PM, Fish and Game Club
First Friday Bunch - 11:30 am MVSC, reservations appreciated, call 938-2104 for information
Historical Society - open most Saturdays, 1:30 - 3 PM, or call 938-5386
Library Trustees Meeting - 1st Monday, 7:30 PM - BML
Planning Board - 2nd and 4th Tuesday, 7 PM, Town Hall
Rural Heritage Connection - 2nd Monday, 7 PM, BACC
Selectmen’s Meeting - 1st and 3rd Tuesday, 5:30 PM, Town Hall
Zoning Board - 1st Tuesday, 7:30 PM, Town Hall



BRADFORD-Solitude Ridge is the location for this VIEW parcel of land **3.55 acres** with 700 feet of road front. VIEWS are of Bald Sunapee, Bly Hill and other Mt's facing west to NW. Area of nice newer homes, power is underground and lot is partially cleared. **\$99,500.00**



BRADFORD-Complete restoration & updates on this fine home, wood, tile & berber floors, 2 1/2 baths, 3 BR's, nice detail and quality work, level landscaped lot with outbuildings & detached garage. Nice country setting, paved road. **\$218,500.00**



BRADFORD-New to be built Cape with three bedrooms and two baths on **2 acres**. Photo is of similar cape built in Sutton by the same contractor. VIEWS facing west. Close to downtown. Foundation is in and ready to go. **\$219,000.00**

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First time home buyer tax credit of \$8,000 extended until April 30, 2010. Also there is a \$6,500 tax credit for a current homeowner (call for details)

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This is Our Town

As we continue to look at the many boards and committees that help keep our town running smoothly, the focus this month is on the Cemetery Trustees. Responsibility for the care of Bradford's seventeen cemeteries belongs to a board of three elected cemetery trustees. Many of the smaller burial yards are family plots no longer in use, and most of these have been deeded to the town and are cared for yearly. Funds raised by the town (not those left in trust by private parties) are expended under the direction of the trustees. In 1991, a one-time fee for perpetual care became mandatory. This money is in a special trust fund with its income being used for part of the upkeep of the cemeteries.

Only Sunny Plain and New Pond Extension have lots available at this time. In the other cemeteries, only family members may be buried in a current lot where space is available. In 1971, the town voted to restrict sale of lots to families of town residents. The board of Selectmen served as cemetery

trustees until the first board was elected in 1992.

In 2004, the Trustees began the process of putting the information on computer. First, every cemetery was visited and the tombstones were checked against the names of those listed in the various available lists. A data base was made, combining more than 3,000 deeds including dates of birth and death, cemetery and lot number. Digital maps for most cemeteries were prepared and copies are at the Town Hall, with one cemetery to be completed. A data base of available deeds has also been computerized. Of the 1200 lots in use, there are only 580 deeds on record with the town. The rest were held by their owners and at that time were not recorded by the town.

The Trustees currently are Tom Riley, Jan Riley, and Carey Rodd. Dick Moore has served as superintendent of the cemeteries, seeing to their yearly maintenance, for more than thirty-two years.

Bradford Truck Driver Honored



Clyde Sauls of Bradford was honored by the New Hampshire Motor Transport Association on November 2, 2009 in the Governor's Chambers at the State House in Concord. Mr. Sauls and several other unsung heroes were recognized for going above and beyond their duties to serve their fellow citizens in unusual or dangerous situations. Truck drivers, moving from one place to another throughout our country, quietly respond to emergencies without acknowledgement. Mr. Sauls was honored for helping a woman out during an ice storm. Congratulations, Clyde Sauls



Library Lantern

by Meg Fearnley

The Bradford Women's Club has arranged for Santa Claus to visit the library on Saturday, December 12! Come for holiday stories at 4:00 pm followed by Santa's visit. We will light the library Christmas tree after all the children have had a chance to be photographed with Santa. The First Baptist Church holds their annual Ham and Bean Supper that evening also.

The Library Book Group had an enlightening in-depth discussion of *The Road* by Cormac McCarthy in November. Participants are interested to compare it with the movie adaptation. The Book Group will meet next on Wednesday, January 13 at 7:00 pm to discuss *Olive Kitteredge* by Elizabeth Strout. The Library Book Group is open to all interested readers. Let the librarian know if you need a copy of the book.

The next book-to-movie discussion is on *Charlotte Gray* by Sebastian Faulks. Join us for the movie on Friday, December 4 at 7:00 pm. For obvious reasons...(January 1st!) we will take a break in January and continue the book-to-movie discussion series on February 5.

The International Movies Series continues in December with a selection from Norway on Friday, December 18 at 7:00 pm. On January 15 we will watch a movie from France. The library will be open all regular hours this month.

Lots of new books were added to your library in November. Here are some of the highlights.

Eating Animals by Jonathan Safran Foer

The Lacuna by Barbara Kingsolver

Kindred in Death by J.D. Robb

Monster in the Box by Ruth Rendell

Sarah's Key by Tatiana de Rosnay

Half the Sky by Nicholas Kristof

For Children:

The Doom Machine by Mark Teague

Cat Dreams by Ursula Le Guin

Pigs Make Me Sneeze! by Mo Willems

Going Bovine by Libba Bray

How Do Dinosaurs Say I Love You? by Jane Yolen



Bradford Business Association and Revolving Loan Fund

The Bradford Business Association met at Tall Pines Realty on Wednesday, November 11th to discuss upcoming events. A brochure will be produced of local area businesses and included with applications for 2010 to be sent out in December. Marc Violette, a BBA Member but also President of the new Kearsarge Area Chamber of Commerce (formerly the Warner Business Association) talked to BBA members about joining forces or at least working together. The highway clean-up and flower barrels were discussed, along with sponsoring new flagpoles and flags. Our next meeting will also be our holiday party, to be held at the Candlelite Inn on Tuesday, December 8th at 5:00PM. All are welcome to attend!

The Bradford Revolving Loan Fund (BRLF) had a kick-off party at the Candlelite Inn on Wednesday, November 18th to re-introduce BBA and Kearsarge Chamber members as well as small business owners to the fund and how it might benefit local businesses. The Appleseed Restaurant catered the event and Stephen Heavener of the Capital Regional Development Council that manages the fund spoke about how it works and who it could help. Chairman Jayne Rayno from Lake Sunapee Bank was in attendance along with other BRLF members.

The Appleseed Restaurant and Catering We're Affordable!

Tuesday - Sunday, 5:00 - 9:00 pm and Sunday Morning from 9:00 am - Noon.

Try our award winning \$9.99 Sunday Breakfast Buffet

Great for those hungry college kids coming home for the weekend!

Tired of holiday cooking? Let us cater your large family gatherings.

Seasons Greetings from all of us at the Appleseed!

938-2100



Obituaries

Maida Rogers

Warner, Maida M. (Mitchell) Rogers, 95, of West Roby District, died Sunday, November 1, 2009 at the Pleasant View Center in Concord, NH. She was born in Middletown Springs, VT on Oct. 23, 1914 the daughter of Clement O. and Gertrude M. (Ballard) Mitchell. She spent her early years in VT and moved to Warner when she was 18. Mrs. Rogers had been a book-keeper for the family's Clothespin Farm and also for Merrimack Farmers Exchange. She was an avid gardener and loved the outdoors. A smile would come across her lips as she would tell about mowing her own lawn even into this past summer. Birdwatching and woodworking were favorite hobbies and she always enjoyed watching the Red Sox and Celtics. She was predeceased by her husband, Clifford A. Rogers, in 1987 and by siblings, Eugene, Clyde and Clement Mitchell, Della Chadwick, Kathleen Anderson and Dorothy Barker. Members of her family surviving include a sister, Meta Greenough of Hopkinton, NH; nephews and nieces, Philip Rogers of Warner, NH, Arnold Anderson of Newbury, NH, Kenneth Anderson of Bradford, NH, Ronald Anderson of Hopkinton, NH, Beverly Anderson of Newbury, NH, Marian Gullage of Concord, NH, and Lorraine Corson of Hopkinton, NH. A graveside service was held on Saturday, November 7, 2009 in Sunny Plain Cemetery, Bradford, NH with The Rev. Lynne Hubley, pastor of The First Baptist Church of Bradford, officiating. In lieu of flowers memorial contributions may be made to the Concord-Merrimack County SPCA, 130 Washington Street, Penacook, NH 03303 or to the Hopkinton Fire and Rescue Squad, 336 Main Street, Hopkinton, NH 03229 or to the Warner Rescue Squad, P.O. Box 64, Warner, NH 03278. Please visit www.chadwickfuneralservice.com to sign an online guestbook.

Dog. Gone.



On November 18, 2009, surrounded by neighbors and friends, the Dog House, an area icon at Blaisdell Lake, South Sutton, shuddered as the wrecking bulldozer shattered its frail timbers. Demolition of Wright's General Store and Popcorn House followed. By 3:00 PM the land had been cleared and remains carted off to an undisclosed location.

Established in 1947 by vaudevillian Pat Rooney, Jr., and the Lowe brothers (Don and Tom), the Dog House sold "Hot Dogs and Hamburgers with Variations." In 1948, Estelle Rooney with her husband Pat took ownership. When Pat died in 1979, Estelle continued the business until 1984. It was famous for a "Special Sauce" made with many secret ingredients.

Wright's General Store was a social hub for summer folk, campers, neighbors, and even Colby college students. People bought milk, groceries, and picked up their mail. Chet Wright sat behind the counter entertaining children with toys, parrots that talked, battery operated clowns that did tricks, dogs that barked and flipped over and watched eager kids trying to "steal" the buffalo head nickel he had glued to the floor boards.

Laura Hallahan (who worked at the Dog House in the 1980's and oversaw its demolition) commented, "It's not the building, but it's the end of a way of life when neighbors gathered and shared the news of the day."

Gail Olson of the Sutton Historical Society worked with Laura to remove important memorabilia from both buildings before demolition. The nickel has not been found. Several items from the store have been earmarked for donation to the Sutton Historical Society. A yard sale will be held in the spring of 2010. Estelle's brother, Don, has offered to donate all funds to the Blaisdell Lake Protective Association for beach preservation.

The Dog House was recreated 20 years ago in Bradford in the First Baptist Church's parking lot. In 2003, the Dog House returned home to Blaisdell Lake. Food, cooked with original utensils, recipes and techniques, will be served in the summer of 2011.

The Dog House lives on!

Gail Olson at g_olson@mcttelecom, PO Box 646, S. Sutton, 03273, would like to hear from people who have Dog House or Wright General Store memories for a book of memories she is compiling.

CORNERSTONE - BRADFORD BAPTIST CHURCH

The Community Cornerstone this month is the First Baptist Church, chosen by Bradford residents in 1991 as part of the Governor's Commission on New Hampshire in the 21st Century. The purpose was to identify and protect important features of the town as the new century approached. At the conclusion of this series, the current status of the cornerstones will be reviewed to determine any steps that should be taken to assure ongoing protection.

This classic New England white-spired church, located on Main Street just west of the intersection of Route 103, is a landmark for travelers along the highway and is a source of community spirit and pride.

In December 1821, a council was called to constitute a Baptist church in Bradford. Seven men and seven women were the original signers. From the records of the Historical Society, *"In 1829, the sisters were given the right to vote, but only two months later, the men organized a financial society, entirely male, for building a meetinghouse. The two did not merge for seventy-seven years."* The meetinghouse was dedicated on July 7, 1839.

A bell was added in the steeple during renovations in 1856 and the vestry, in 1872. In 1902

renovations enlarged the vestry and added a kitchen and electric lights. A major renovation in 1905 changed the façade to a single entrance, added hardwood floors, pews, wainscoting and a steel ceiling.

In 1915, a clock was installed in the steeple of the church. In Bradford's town history *Two Hundred Plus*, we read:

"Zebulon L. Smith was operator and express agent here in the early 1900's. For years he had looked out from the office window to the church nearby and wished for a town clock to be placed in the tower of the church and it met with much support. A musical and literary entertainment under his direction earned twenty-five dollars for the fund. Mr. Smith died before the clock was installed. In 1915 the town clock was in place as a memorial to him. An inscription on the front dial reads, 'In Memory of Z. L. Smith.'"

Town meeting in 1916 voted to accept it as the town clock, *"placed in the tower of the Baptist Church with never a rental charge,"*

The Hibbard Memorial Porch, named for Lillian

Goddard Hibbard, was added in 1928 and the undercroft was excavated in 1957. Repairs in recent years have included vinyl siding on the steeple and a metal roof for ease of maintenance, reinforcing the sidewalls of the building and replacing sills.

Lynne E. Hubley has served the Church as pastor since August 1, 1994 and is the thirtieth minister called since 1831.



Conservation Commission News:

This winter the conservation commission will continue its update of the town's Natural Resource Inventory. What is this and how can it be used? The State requires that all towns inventory their naturally occurring resources. These include such aspects as all water resources, (surface waters such as streams and ponds as well as aquifers and wetlands of all kinds.), rare species, wildlife habitat, and forestry and agricultural soils with their current land uses.

A comprehensive inventory provides the basis for land conservation planning and allows natural resources to be included in local planning and zoning. Human health and welfare are dependent on healthy, functioning natural ecosystems and as awareness of these resources increases, so has awareness of how various land uses can impact these resources. In addition, surveys and Master Plans of the town have shown that the rural quality of life here is of major importance to residents.

The following drafts of maps have been prepared by Northern Geomatics:

- Water Resources and Aquifers
- Drinking Water, showing the transmissivity of aquifers and including threats as documented by the State
- Farmland and Forest Soils maps, including areas of prime agricultural soils and soils of Statewide importance. (Though they may not be used for such at this time)
- Habitat and Landcover,

showing areas of tree/plant type with associated wildlife habitat.

- Conservation Land and Land of Special Importance, illustrates current private and publicly conserved land and rare plant and animal species marked by general location. Active agricultural lands will also be included.
- Unfragmented blocks showing how the landscape is divided by roads and houses and where wildlife habitat may be intact in larger areas.
- Constraints to Development – an overlay requested by the Planning Board, shows areas of thin soils or steep slopes and wetlands.

These maps will soon be available on the town's website at www.bradfordnh.org. If anyone has omissions or additions to report or has any questions, do let the Commission know either at a monthly meeting, by note, by email at Nate.Bruss@gmail.com or phone Nathaniel Bruss at 748-2831.

The Commission, thanks to a grant, has had the assistance of the UNH Cooperative Extension specialists on investigating Bradford's role in the State's bigger picture of wildlife habitat. Only 15% of the state has been given the highest rank for priority wildlife habitat. Bradford harbors a large percentage. Several focus areas in town have been identified. The Ausbon Sargent Land Preservation Trust has also been advising.

The results of the survey of

Bradford landowners have been graphed. About a thousand surveys were mailed and over 100 were returned. Of respondents, most of the natural resources listed were for personal use with a small amount of timber, hay, and maple syrup for sale reported. Vegetable gardening for personal use was the highest priority for respondents followed by berries, firewood and pasture. The most important planning issues involving natural resources centered around drinking water and other wetland types and wildlife habitat. Seventy percent of respondents urged local regulations on water extraction industries, and agriculture and forestry uses of the land were considered important. Survey respondents also majored in birdwatching, hiking, passive recreation, and, night sky observation. Motorized recreation, hunting and other activities are obviously also popular in town, despite the lack of survey results from these landowners.

The Commission will continue to update you on the progress of the Inventory and invite interested landowners become involved. Monthly meetings are held at 7pm on the third Tuesday of every month at the Library or Town Hall, depending on space constraints.





First Baptist Church News

by Lynne Hubley

Focus Factor: Our youth group will enjoy the following activities during the month of December: *Sunday, December 6* (4:00 - 5:30 p.m.) -- Fun day--bring a favorite board game; *Sunday, December 13* (4:00 - 5:30 p.m.) Bring a Friend (One "sweet" for each friend you bring, the one with the most friends gets the biggest prize; *Thursday, December 17* (special event--hay ride at Charming Fare Farm) *Sunday, December 20* (4:00 - 5:30 p.m.) Ice Cream Sundae Party. No Focus Factor on December 27.

Ham & Bean Supper: Our traditional ham and bean supper will be held, Saturday, December 12 at 5:00 p.m. The menu includes: ham, baked beans, cole slaw, potato salad and home-made desserts. Cost is \$8.00 for adults and \$4.00 for children 12 and under.

Children's Christmas Play: On Sunday, December 13 at 1:00 p.m. The Saltbox Players of the Conservatory for the Performing Arts will be performing "The Gingerbread Boy" at our church. The play is a Christian take on a classic story. There will be a free-will offering taken. Hot cocoa and cookies will be served after the play.

Christmas Baskets: Christmas baskets and gifts will be distributed to families on Saturday, December 19 from 9:00 - 11:00 from the food pantry.

Christmas Sunday: Our children will lead our Worship Service on Sunday, December 20 at 10:00 a.m with a special rendition of "The Twelve Days of Christmas".

Men's Fellowship: The men will meet at the home of Fred Hubley on Tuesday, December 22 at 6:30 p.m. for devotions, refreshments and pool.

Christmas Eve: Our Christmas Eve candle-light service will be on Thursday, December 24 at 7:00 p.m.

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at Newbury Harbor

Bubba's

**GOOD EATS
GREAT SPIRITS**



The Bradford Factor

By Laura Hallahan

Readers of this column know that I try to present a fair and balanced assessment of the real estate market and its trends, both locally, statewide and nationally. I also enjoy providing tips on everything from curb appeal to interior design and financing options. But there is an elephant in the room that I, along with many concerned Bradford residents, am trying to push out the door. That elephant is the direct relation between how Bradford comes across to visitors (and in particular, buyers) and the impact that is having on real estate values and sales. I supported the establishment of the TIF District because I know that the heart of the issue lies in our downtown and the increase in abandoned and distressed buildings and how that impacts a person's decision to purchase not only in town, but anywhere in Bradford.

Maryann Plass in my office prepares an assessment of the local market every six months and we send this data out to all of our sellers. The most recent assessment covers January 1 through October 31, 2009 and Bradford has the fewest sales of all of the surrounding towns by a significant margin. Can some of this be attributed to the overall economy? Yes. Can some be due to the high tax rate? Yes. Are banks being stingy about lending? Yes. But we can't ignore that some or all of these factors affect these other towns and must be looked at in conjunction with the overall image of the town. Here

are the statistics:

sales by town:

Bradford – 10 (4%)
 Henniker – 31 (13%)
 Hopkinton – 56 (23%)
 Newbury – 27 (11%)
 New London – 38 (15%)
 Sunapee – 38 (15%)
 Sutton – 27 (11%)
 Warner – 19 (8%)

If we can't attract new residents and more importantly, new businesses to take over these buildings and make improvements that will lead to a higher assessment with that difference being put directly towards even more improvements, taxes will increase as fewer people carry the burden. As President of the Bradford Business Association and a member of the Bradford Revolving Loan Fund, Bradford Improvement Association and the Bradford Women's Club, I am doing what I can to support all efforts to make Bradford a more attractive place to call home. We know that the people and existing businesses, the school and our local landmarks are special, and believe me, we

tell people about it! But outsiders only know what they see and feel when they drive through town.

I urge you to get involved and join forces with any and all of these organizations that want to work with town officials and any other entities that can bring about much needed positive change.

Recent Sales in Bradford

- 11 Greenhouse Lane, 1905 2-family on .36 acres for \$103,000
- 42 Cheney Hill Road, 1984 Gambrel on 2.93 acres for \$135,000

There are 35 active and 2 pending residential listings ranging from \$99,000 to \$925,000, 32 active and 0 pending land listings ranging from \$25,000 to \$500,000, 2 active and 0 pending commercial listings ranging from \$490,000 to \$499,000 and 3 active and 0 pending multi-



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Lake Sunapee Region VNA & HOSPICE
“Home Care Matters”

“ Self Care During the Holidays “

During the busy holiday season, Self Care can take on a whole new meaning. We tend to run around more, sleep less and eat on the run, all on top of already busy lives.

Tips for surviving the holidays:

- Try to get enough sleep
- Delegate projects and errands when possible
- Try to allow yourself 30 minutes or more each day of self care (massage, walks, naps, yoga, meditation, dancing, reading, movies, music)
- Eat breakfast daily
- Pack along snacks
- Practice paying attention to when your body is hungry and comfortably full, and respond accordingly. You may find that you need smaller portions.
- Try to put less focus on the food and enjoy the conversation and activities at parties
- Watch the amount of alcoholic drinks as they can inhibit your ability to feel your body’s hunger and fullness signals and you may end up over eating
- Enjoy the more exotic treats and leave the ordinary ones for another day
- Set up walking dates instead of lunch dates with friends
- Try to save some room for dessert, or consider eating it first if that’s what you really want
- Send “Happy New Year” cards in the middle of January instead of holiday cards
- Consider low calorie and low fat options of certain foods and drinks
- Don’t go ravenous to parties; have a snack or small meal before you arrive
- Watch the extras: whipped cream, dressing, butter, dips

From all of us at Lake Sunapee Region VNA and Hospice, we wish you a happy and healthy holiday season, and remember to take CARE.

Lake Sunapee Region VNA and Hospice
107 Newport Road
New London, NH 03257
603-526-4077

www.lakesunapeevna.org

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Bradford Pizza Chef at the corner of Rte. 103 & Main ~ Bradford, NH

Women's Club Fund Raiser



The Bradford Women's Club's Annual Holiday Crafts and Antique Fair held at the St. Peter's Masonic Lodge on Main Street brought more than 35 area artists and crafters to Bradford to sell their work over Thanksgiving weekend. Women's Club organizers taking time out for a photo are: (l. to r.) Jane Moss, Debbie Flinkstrom, Jill Pinard, Carol Staub, Susan Wick, Tina Levell, Jackye Pehrson, Morganne Flinkstrom, & Sandy Eller. The Fair raises money for the Bradford Women's Club Scholarship Fund.

Classified Ads

WANTED: Do you have used, but useable, sneakers, cleats, or other athletic shoes that still have life in them? Any size is fine, even dirty is okay, just not torn or totally beat. Also looking for donations of all sizes of new athletic socks. Bring them to the transfer station and feel good about giving something away. Share our Soles/ share-oursoles.org /is the organization that will distribute them to some very happy feet!

For Sale:

Four Canadian Wrangler P235/75 R15 studded snow tires in excellent condition.

Four Finnish Hakkapeliitta Radial 205/60 R15/91 T Snow Tires in Excellent Condition

Please call 938-2199

Girl Scouts will be Woodworkers



Junior Girl Scout Troop 12579 spent an evening recently working with Hal Liberty in his shop building toys to be donated to needy children. Troop members Anna Newman, Melody Bagley and Lydia Pinard had great fun for a great cause. The troop expects to return for another work session before the holidays. Any fourth-grade girls interested in participating in Junior Girls Scouts can call Jill Pinard at 938-5157.



Girl Scouts®
Where Girls Grow StrongSM

There Is a New Troop in Town! Junior Girl Scout Troop #12579 of Bradford and Newbury is actively looking for exciting, crafty, adventurous, creative, intelligent fourth grade girls in search of fun times with great company. Meetings are on the first and third Mondays of the month at the Bradford Area Community Center from 5:30 to 7:15 pm. Call Jill Pinard at 938-5157 for more information.