

THE BRADFORD BRIDGE PROFILE

Ruth Nelson, recipient of Boston Post Cane see page 6

Volume 4, Number 5

Community News - By and for our neighbors

May 1994

Roundtable to discuss Bradford facilities

On Saturday, May 21st, the Selectmen and Facilities Committee are sponsoring a "Facilities Roundtable" to take a broad look at where the community is headed with town facilities and eliminate any possible "Did we consider?" as the committee implements its plans.

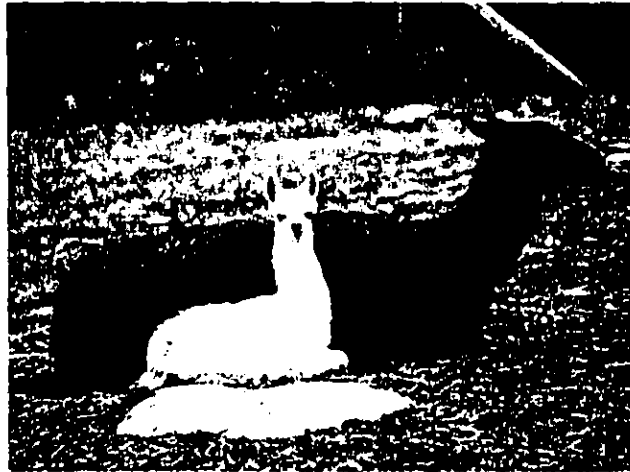
According to the Selectmen, "As the Facilities Committee continues its efforts to upgrade town buildings and move toward reuse of the Old Central School, a thorough airing of all ideas, concerns, and suggestions is in order. The objectives are to review the Facilities Committee's recommendations, explore any previously overlooked possibilities, provide for public input, and finalize long range plans for the use of town facilities."

Bill Klubben, Executive Director of the Central NH Regional Planning Commission will serve as facilitator for the day's activities. He will provide objective guidance as residents work through a review of current conditions and where the community hopes to be in the years ahead, in order to be able to develop necessary facilities as Bradford continues to grow.

Prior to the meeting, the Facilities Committee will test the water at the Central School and excavate around the foundation to determine the source of moisture in the cellar.

The event will begin at 8:30 am at the town hall. Letters will be sent to specific groups involved in town activities. Members of the general public are also invited.

Reservations are requested by May 18th. Call the Selectmen's office at 938-5900 for reservations and information.



"Daddy's Princess" was born in October at Mini Meadow Farm. She is basking in the sun with one of her friends. Her own mama is white. She'll be a participant in the Earth Day Treasure Hunt. Read all about it on page 3.

Groundwater treatment system in full operation at Marketplace

March 29th marked the beginning of the end ... to the contamination surrounding the Marketplace site. That was the day the groundwater recovery and treatment system at the Bradford Marketplace was successfully activated. Since then, the system has been operating without a hitch. Its operation will be monitored regularly. This information is included in a Construction/Activation Report prepared by Groundwater Technology, Inc. (GTI), a copy of which was presented to the Selectmen.

Between November 15 and the end of March, GTI supervised the installation of a complex system of twelve recovery wells, pumping station, discharge system, and six monitoring wells designed to eliminate contaminants from the area's groundwater. Contractors faced numerous "challenges" that caused delays, including siting of the treated water discharge, breaks in the pipes due to severe weather, and an unusually high water table.

In addition to the groundwater treatment system, GTI upgraded the vapor extraction system which had been installed when contaminated air was

■ See GTI, page 14

KRSD Withdrawal Study Committee working intensively

Questions abound ... but very few answers are yet available. Establishing the KRSD Withdrawal Study Committee has naturally generated questions concerning its scope and responsibilities. For example: Since New London requested the study, can the withdrawal recommendation include any other communities? Is it possible to consider regrouping towns to perhaps include a town not now in the KRSD? The committee voted to get a legal opinion and request the attorney to attend the May 3rd meeting.

The committee met twice in April. Dick Keller was elected chair, Harold Buker, vice chair, and Harriet Messer, secretary. Pat Bussell, State Dept. of Education, addressed the ramifications of the withdrawal study process. An education consultant, Andre Paquette, discussed the importance of considering

■ See STUDY, page 10

In Memoriam

With the death of Betty Cilley, Bradford has lost a guiding light. Betty showed by her commitment, energy, and vision what a difference a dedicated public servant can make to a community.

In recent years, Betty's energy waned and with it, her daily involvement in community matters. But long-time residents of Bradford can easily recount numerous activities Betty was involved in, from playing the organ and contributing to church activities to founding the Historical Society and helping to write *Two hundred plus, Bradford, New Hampshire in retrospect* to daily town business, serving as town clerk for 50 years. Bradford, today, continues to benefit from her efforts as it builds and grows.

Indeed, Betty Cilley will be missed.

Living in Bradford

FACILITIES ROUNDTABLE

Saturday, May 21
8:30 am - Town Hall

Reservation deadline 5/18

Senator David Currier will be guest speaker at May Business Association meeting

On Monday, May 16, the Bradford Business Association will hold its annual meeting at the Appleseed Inn. Dinner will begin at 6:00, with guest speaker Senator David Currier speaking after dinner. He will discuss legislative action affecting small businesses. Following his talk, the business of the annual meeting will be acted on, including election of officers.

Seasonal survey course at the Hay Estate

The May session of the Seasonal Survey course at the Hay Estate is "Wings of Spring: Photography I." Waves of migrating birds arrive in May, timed to the emergence of insects. Through the lenses of binoculars or cameras, color and texture mark the fleeting moments of the most vital time of the year for breeding birds. Photographer David MacEachran will teach basic techniques of nature photography and naturalist and expert birder Bob Quinn will lead a walk to identify spring migrating birds.

This session will be held on Saturday, May 14, 9:00 - 2:00. The course is provided by the NH Conservation Institute at the John Hay Land Study Center in Newbury. Individual sessions are \$15 each. Call 763-5958 to register.



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News from the Town Clerk/Tax Collector

TOWN CLERK'S OFFICE

April 7 Eleanor Rhoda Goldberg died.
April 8 Elizabeth Avery Cilley died.
April 9 Ian Brown and Joelle Stinson were married.

Please register your dogs early. This will avoid costly fines. A rabies certificate **MUST BE SHOWN** at the time of registration. Registration fees are \$9.00 for males and females, \$6.50 for neutered and spayed animals (neutering certificate required) and \$2.00 for a dog registered to a resident over 65 years of age.

TAX COLLECTOR'S OFFICE

There will be an opening for a deputy Town Clerk/Tax Collector starting May 25th. Applications can be obtained from the Town Clerk/Tax Collector's office during regular business hours.

TOWN CLERK/TAX COLLECTOR'S OFFICE

The office will be closed on May 30th for the Memorial Day holiday. Regular office hours are: Mon 2:00-7:00; Tues 8:00-5:00; Fri, 8:00-noon.

Community Workshop news

The Workshop will hold its Spring Plant Swap on Thursday, May 12. We'll meet at 11:00 to assemble kits for Haven Home and to finish up quilts and lap robes. Bring along your own hand work and brown bag lunch for noontime.

Bring 5 plants (vegetable, flower, herb) for a plant swap to be held following the program on Xeriscaping. Come learn more about using low maintenance plants suited for our area that, once settled in, require a minimum of water and labor. The meeting is open to all gardeners - armchair and otherwise. -Clare Bensley

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Historical Society notes

At its meeting on May 25th at 7:30, the Bradford Historical Society will welcome the Rev. Raymond Gibson, pewterer and author, as its guest speaker. *Early American Life* has named him among the 200 outstanding craftsmen in America. From his pewter shop in Hillsborough Center, Mr. Gibson has created work now on exhibit in the Museum of Fine Arts in Boston and the Landis Valley Museum in Lancaster, Pennsylvania. He was recently featured by Fritz Wetherbee on "New Hampshire Crossroads." His topic will be "Pewter: Old and New," illustrated by pieces from his own collection. Members and guests are invited to bring pewter pieces for discussion.

Society meetings have moved back to headquarters at the Old Post Office. We thank all who bore with a very irregular schedule over the winter, most especially George Cilley, who "held over" a delightful journey down Main Street through two snow cancellations. -Nancy Hibbard

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Pauline Dishmon, Contributor

Friends of the Library sponsor book talks

On Wednesday, May 18, at 7:30, the Friends of Brown Memorial Library will hold its second program in the series, "Meet Your Neighbors." Bradford residents John Hartford and Pauline Dishmon will each discuss books.

Recently returned from his wintertime sunny climate, retired anesthesiologist John Hartford will discuss "What is Science Fiction?" and review the library's science fiction collection. Friends Vice President Pauline Dishmon will present, "Triple Bios," reviews of three biographies she read this past winter.

A Friends program planning meeting will precede the talks at 6:45. Friends Secretary Chris Lincoln encourages all those interested in completing the 1994 program schedule to attend.

The meeting and program will be held at the library. All are welcome. Refreshments will be served. For more information, call 938-5948.

Bradford Women's Club news

The Bradford Women's Club will hold its Annual Meeting at the Bradford Inn on May 19. Following the buffet luncheon, there will be election of officers. Reservations must be made by May 11 by calling Clare Bensley at 938-5482 or Polly Henderson at 938-2964.

During May, workshops will be held to prepare items for the fall fair. I encourage you to attend one of these meetings at the homes of the members listed. All workshops begin at 10:00 am. They are fun and, best of all, those extra hands are helpful.

- May 4 - Stenciling, Luanne Mayo
- May 11 - Stenciling, Luanne Mayo
- May 18 - Doll's Clothes, Nancy Hibbard
- May 25 - Fun with Fleece, Debbie Lamach (at Church Vestry)

On Saturday, May 28, we will hold our annual Memorial weekend bake sale at the IGA. Sale begins at 10:00 am.

--Louise Signorino

Trash Treasure Hunt on May 7th marks Earth Day in Bradford

A Treasure Hunt to celebrate Earth Day will be held on Saturday, May 7th, sponsored by the Conservation Commission and the Bradford Business Association.

To enter the Treasure Hunt, just pick up trash from the roadsides in town on May 7 (rain date, May 8). If you are lucky, you will find a bottle or can with a numbered green sticker on it. Bring your piece of trash with the sticker - plus at least one bag of roadside trash - to the transfer station between 10:00 and 5:00. With your winning number, you will take home a prize.

The marked trash will be left on the roadsides sometime on Friday, the 6th. The time and identities of the trash trolls is top secret. All roads where there are houses will be "trashed." There will be more than one piece of marked trash per mile.

Everyone is urged to participate. Even if you don't win a prize, join your neighbors and clean up the town. This is a great family project. Take your kids out and see who can collect the most trash.

There will be free lemonade for kids at the transfer station. Mini Meadow Farm llamas will be carrying trash from the Johnson Hill area to the transfer station. Be there to watch and enjoy.

Bradford businesses have been very generous in supplying prizes, and more come in every day. So far the following prizes have been donated:

- Pizza from Pizza Chef
- A llama trek at Mini Meadow Farm
- Ice cream cones at Dodges
- 12 packs of soda from IGA
- A free haircut at Mauri's (with Sherri)
- Raspberries from Gene's raspberry farm
- Sundaes at the Applesced Inn
- Items from Reaching Hands Thrift Shop

In other Conservation Commission news, on April 23, a small group of volunteers finished clearing and removing brush along the road at the Pearl Town Forest. Members of Girl Scout Troop #286 did a fine job making brush piles, which will provide shelter for small mammals and birds.

Sunday, May 22, join us for a Bog Walk at 10:00 am. Judith Eldridge will be there to help identify plants. Some of us may want to stay out in the Bog to work on enlarging the trail or, depending on conditions, we'll have a work day to clean up brush at Bradford Springs. --Amy Blitzer

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Tom Dimitriadis, M.Ed. 938-2696
fax 938-2470

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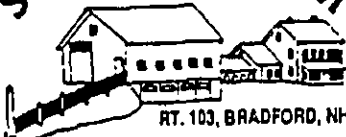
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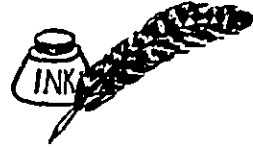


Patricia Dugdale 938-5407

Lalla is 50, so look to the sky April 30 at 8:30 pm



Letters



To the residents of Bradford:

THANK YOU - 531 times - to those who turned out for the April 9th School District meeting. Although we did not prevail, 60% of Bradford voters showed we are proud of our town and are determined to keep working until our schools are funded fairly. Our hats are off to each and every one of you.

Your Board of Selectmen
David Pickman, Chairman, Marcia Keller,
John Signorino

My mother used to say ... "If at first you don't succeed, try, try again."

There are no words to express how proud I felt to be at the April 9th meeting amongst all of the people of Bradford who came out to vote. We didn't win the Fair Funding, but we have proven that we can make a stand together. If each and every one of us who were there, as well as those who couldn't be there, will vow that we will make every effort to take a stand on all issues (whatever each believes to be right) and use the power of the vote to ensure that we have been represented, we will all be living in a town filled with pride.

There are many people who worked tirelessly on getting out the vote. My gratitude and congratulations on an unprecedented voter turnout.

My personal thanks to Marcia and Dick Keller. They led us in a successful campaign to bring the people of Bradford together as I have never witnessed in my fourteen years of residing here. We should all now realize that we do have a chance of controlling the destiny of our town. We did have a victory if we vow to remain united. All we have to do is be there whenever a school district meeting or town meeting is called.

Debra Johnson

To the editor:

Robert "Bo" Raymond has been serving our community for years in an unselfish way, never looking for praise, just going about his business in a quiet way.

Many of us do not realize this man's kindness and care for our community. Bo has served as a volunteer fireman since 1973, attaining the rank of Captain in 1985 and Deputy Chief in 1989. In case of a fire, I.G.A. employees who are members of the fire department are released and still kept on the payroll for their regular hours.

As owner of the I.G.A., Bo donates coffee, food, etc. when a major fire or crisis occurs, never looking for compensation. Bo was a past member of the Bradford Police Department. He is a member of the Bradford-Newbury Sports Committee and also participates as a coach. In his spare time, if any, he is an assistant for a Webelos Den.

His kindness extends to local organizations, donating food, soda and paper goods. Space in the I.G.A. is always available for organizations to sell raffles, candy bars, popcorn and home-made pies.

Many underprivileged families are helped through donations to the Thanksgiving and Christmas baskets. His kindness reaches out to help all, never refusing to open his doors to help those who are sick and in need of supplies.

Even when death strikes a member of our community, Bo is there sending deli platters, etc. to family members.

This young man more often goes forgotten and it is only fitting that he should be recognized as a caring, kind member of our community. Bo never says "no" to anyone, always willing to help, with a smile that comes from his heart. God bless you, Bo.

Marv and Dawn Rich

To the editor:

Regarding the School District Fair Funding Proposal and why I abstained from voting. The literature I received, entitled "Get on the Bandwagon - Join the Campaign," stressed that the new formula is based on "ability to pay." This is socialism. The now-defunct Soviet Union had in its constitution, "From each according to his ability; to each according to his needs." You say, "So What?" I say it made the Soviet system fail.

The committee had to explain that "ability to pay" will make us "see the district as a unified entity." The Soviet Union ~~was~~ a unified entity ... so much for them!

A "user," as defined by the committee, is everyone in the district. That's a choice of definition. A more realistic definition is "one that uses" - the parent of the schooling child in this case - not the person who does not have schooling children. Let's examine: "The philosophy behind public education is that it should be supported by society," as said by the committee. Does it hold up today with the failures and inadequacies we are experiencing? Is the quality there and at what cost?

I say consider home schooling, as deeply and broadly researched and discussed by Jim Davies in his column "On The Other Hand...Home's Best" in the March 23, 1994 *Your Hometown Messenger* newspaper. I have copies for those of you interested in better schooling where the free market forces of competition do a better job at far less cost than your government monopoly.

Another point of view is - he who pays expects value for his money. Picture yourself buying directly (no third party involved such as your monopolizing government) your children's education from the free market where competitive forces are at work. You will shop carefully because you have control of your money and the Variety and Quality will be there to choose from.

Let's get things straight -

1. "Ability to pay" is socialistic and socialism only produces mediocrity at best.
2. A user is a parent.
3. Quality comes from competition via free market forces.
4. And parents have the most interest in seeing to their children receiving a quality education. And there are newer and more abundant sources and methods of education arriving on the market every day for the parent to select from.

Jack Makens

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Soo-Nipi Audubon Chapter news

Join Dan Allen on Friday, May 13, at 7:30 for his slide program, "Walking the Appalachian Trail in Winter," at the monthly meeting of Soo-Nipi Audubon Chapter, St. Andrews Episcopal Church, New London.

For several years, Allen has been hiking this trail during our coldest months and has published articles on wilderness survival, including a booklet, *Don't Die on the Mountain*, distributed by the Appalachian Mountain Club.

Allen is presently chairman of the board of directors for the Greenway Coalition, which is developing a connecting trail system from Mt. Sunapee to Ragged Mountain.

For more information about the program, call Bob Vernon at 526-6216.

Duplicate field trips for beginning birders will be offered on Saturday, May 14, from 7:00 am to noon and 1:00 - 6:00. Participants may choose either or both programs, which include marsh, lake, field and woodland habitats. Meet at the Four Corners Grille, junction of routes 11 and 114, Crocketts Corner, New London. Bring insect repellent, binoculars, and lunch. For more information, call trip leaders, Bob Vernon, 526-6216, or Fred Sladen, 526-4321.

A field trip to the Fox State Forest Bog in Hillsborough is scheduled for Saturday, May 21, at 10:00 am. Dr. Debra Dunlop, professor of botany at New England College, and a well-known authority on New England bogs, will lead the two-hour walk.

Participants will need sturdy waterproof footwear. Be prepared to walk about two miles over slightly hilly terrain. Bring insect repellent and lunch, and meet at the Fox State Forest Headquarters on Center Road in Hillsborough. To get there, take route 202/9 to Hillsborough. Turn right at the light onto Center Road. Drive two miles to the administration building.

Those wishing to make a contribution to the annual Audubon Society of New Hampshire Bird-a-thon/Bloom-a-thon for each flower species observed in the bog may do so. This money is used for the Society's wildlife and endangered species programs. For more information, contact Clare Bensley at 938-5482. --Phyllis Curtiss

OBITUARY

Eleanor Radin Goldberg

Eleanor R. Goldberg, 67, died April 7 at her home. She was born November 21, 1926 in Brooklyn, New York, the daughter of Irving and Beaty (Bronstein) Radin.

She had lived in Bradford for the past 22 years. She had previously lived for many years in Plainville, Long Island, New York.

Mrs. Goldberg and her late husband had been proprietors of the family-owned furniture business, Bams of Bradford, since 1974. Her husband, Howard, died in 1977.

She was a member of the Bradford Rescue Squad for 20 years, serving as its secretary. She was also a member of Silver Hill Chapter #34, Order of Eastern Star, Bradford.

She leaves three sons, Joel R., Henniker; Mark S. and Carl P., both of Bradford; 3 grandsons, Gregory S. and Jeffrey R., both of Henniker, and Robert Steiz, Bradford; her mother, Beaty B. Radin, Hooksett, and a brother, William Radin, Danville, Calif.; nieces, nephews and cousins.

The family has suggested that donations in her memory be made to the Bradford Rescue Squad, P.O. Box 381, Bradford.



OBITUARY

Elizabeth Cilley

Elizabeth (Avery) Cilley, 90, of Main Street, died Friday, April 8, at the Hillsboro House Nursing Home in Hillsboro after a long illness. Mrs. Cilley was born in Somers, CT on October 9, 1903, the daughter of Ernest W. and Elizabeth R. (Burdon) Avery. She graduated from Rockville, CT High School in 1920 and continued her education at Boston University.

Mrs. Cilley lived at the Follansbee Inn in North Sutton before moving to Bradford in 1929. She had been an insurance agent for over 30 years until 1965 and had been Town Clerk in Bradford from 1939-1988. She was past president of the NH Town Clerk's Association. She had also served as a school board member.

Mrs. Cilley was a member of the First Baptist Church of Bradford and, for 50 years, had been the organist as well as being active in all other church activities.

She was a charter member of the Bradford Historical Society, President of the Bradford Women's Club, cochaired the Bradford Bicentennial Celebration, and was one of the writers of the town history, *200 Plus-Bradford, New Hampshire in retrospect*.

In 1993, she received the Bradford Citizen of the Year award in recognition of her many contributions to the community.

Her husband, Henry B. Cilley, died in 1991 and a daughter, Enid McKenzie, died in 1968. She is survived by two daughters, Carolyn Rowe of Henniker and Alice Meyers of Alexandria, VA; two sons, George A. Cilley of Bradford and Richard A. Cilley of Aurora, CO; 13 grandchildren; 13 great-grandchildren; and one great-great-granddaughter.

A memorial service will be held on Saturday, April 30 at 2:00 pm at the First Baptist Church.

In lieu of flowers, memorial contributions may be made to the First Baptist Church, Bradford, or to the Bradford Rescue Squad, P.O. Box 381, Bradford, NH 03221

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Ruth Nelson, Bradford's eldest citizen

by Audrey V. Sylvester

Bradford's oldest resident and recent recipient of the Boston Post Cane, Ruth Burckes Nelson (age 93), says she has "led an uneventful life." Born on June 15, 1900 in Somerville, Massachusetts, she moved to Waltham when she was eight years old. In a quiet easy manner, Ruth recalls her most vivid childhood memories of summers in Temple, New Hampshire. Here the family lived in what she and her five siblings remember as an 18-room farmhouse with three staircases.

Ruth, her siblings, their mother, and two trunks traveled to Temple on a Boston & Maine train from Waltham, with one change in Ayer, directly to the end of the line in Greenville, New Hampshire, where a man from the hotel drove them in a horse and buggy to their farmhouse 2 1/2 miles from town. Since they didn't have a car, when Ruth's father (a foreman at the Waltham Watch Company) visited on weekends, they walked down to meet him. In those days, she says, "We didn't have an icebox. Our refrigerator was a basket, hung high in the cold, dark, dirt-floored cellar so

■ See NELSON, page 12



Church News from Debbie Lamach

A very special 50th anniversary celebration of the Women's Christian Guild will be held at the First Baptist Church of Bradford on the evening of Friday, May 6 at 7:30.

Shirley Cave will present a short history of the past fifty years of the Guild. The Hampshire Hi-Notes, a barbershop quartet, sing old favorites. Refreshments will be served, and there are surprises in store. No admission fee or ticket is required for this event, which is open to the public. See you there!

Chicken pie, salad, rolls, dessert and beverage awaits those who attend the ABWM-sponsored Mother-Daughter Banquet on Tuesday, May 3 at 6:00 pm. A program of worship through music follows this annual event. The cost is \$5 for adults and \$3 for children. Reservations may be made by calling the church office or Marcia Strout.

The Wednesday Night Study Group began its new series, "Courage to Cope," on April 20. The group will meet for the next six weeks at 7:00 pm in the Fisk House. It is still possible to join this group. If you are interested, please contact the church office or group leader, Lucille Shevett.

A great big thank you to all who supported this year's variety show! We played to appreciative audiences both events and broke the annual tradition of a snowstorm on at least one night of the show. Thank heavens!

The chorus brought the show together with their medleys of Broadway show tunes and wowed the audience with their high stepping. The show was truly a community effort and to name each individual who participated would take more space than I have allotted to me. The funds raised will be used in the continuing renovations to the Fisk House and for the Bradford Community Food Pantry. Thanks once more and join us again next year!

Sue Dodge, our nominee for May's Angel of the Month, quietly and faithfully does many jobs in and around the church and the community. Sue is a long-time member of the Threshold Committee and is responsible for seeing that smiling faces greet you every Sunday morning. She is a former member of the choir, the Smith Fund, and the music committee. Sue is active in the hospice program locally. She has choreographed the variety show each year, and stepped in at the last minute this year when our stage manager was ill. Thank you Sue, for all that you do!

On Peace Sunday, May 1, the children of the Sunday School will be drawing pictures that symbolize what peace means to them and sharing their pictures with the congregation. We will also hear Francis Page sing "From a Distance." The children will be taking part in Earth Day on May 6.

An offering for the 1994 One Great Hour of Sharing will be taken the 5th of June. A video produced by Church World Service will be shown in fifteen minute segments each Sunday in May during coffee fellowship hour in the vestry. The video shows the need for this offering: victims in former Yugoslavia, the flood in the midwest, and the civil war in the Sudan.

Rev. John Pearson was pleasantly surprised on Sunday, April 17, when he discovered that a member of the White Stone Gospel Singers was his cousin, Jonathan Pearson. The resemblance in obvious: they are both quite tall!

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In and About the KRSD, by Dick Keller, Bradford School Board Rep

Vacation week at the end of April culminates a busy month indeed. Just a peek at the Middle School activities shows the range ... from the CATs (California Achievement Tests) to the environmental thrust of Nature's Classroom. In and around the usual classwork were plays and presentations enough to enliven any student's day: a trip to Manchester's Palace Theater to view several short plays; district-wide student presentation of "The Emperor's New Clothes"; and a Health Fair, organized by school nurse Jane Ragazzo, with speakers from the health and safety community discussing available services and programs. In the meantime, Ruth White, 8th grade teacher, pressed environmental issues with community speakers and an 8th grade Trail Day, getting students out to observe the environment we live in and how we can affect and improve it. The UNH Chamber Singers were on hand for a concert. And students in the Positive Action program were rewarded for good academic effort by a trip to Boston to see the Sox in action.

Nature's Classroom for 6th graders was held at a Silver Bay, NY, campground. Students worked in groups, studying a broad range of topics, such as archaeology, biology, and mapping. With the exception of one case of chicken pox, the program was very well received, according to Tom Polisen, Middle School Principal.

And if that is not enough, 32 students (mixed Middle School grades) continued on their extra curricular quest, Odyssey of the Mind (OM). This program, suggested some time back by your school board member and brought forward this year by the new Middle School Assistant Principal, Mary Devlin, has had outstanding results. Students are challenged with a series of problems. Working in groups, they must postulate a resolution and present a solution

at regional meets involving teams from other schools. Kearsarge Middle School's five teams took two first places, two seconds, and a third at the regional meet in Plymouth. The teams were given special recognition by the judges for good sportsmanship in supporting all the teams that participated. At the state meet, held in Amherst on April 9th, the teams placed in the mid-range of the 15 competing schools. An outstanding effort by students, parents, and staff, working together in their first attempt at OM. Congratulations to you all.

The School Board was no less active, but the entertainment value was less apparent. Catching up with last month, the 3rd annual Technical Prep Conference offered the educational concept long overdue ... vocational education and training as a basic part of the academic program. Long shunned as of lesser value, the concept recognizes the interest and ability of students more inclined to the practical than the theoretical. To accomplish this goal, however, requires a complete revision of scheduling to mesh the regional vocational programs with the academic programs offered at our district schools. Change comes slowly, but this hurdle may affect the educational outlook and achievements of up to 50% of our students.

The Board received the official request by New London to study its withdrawal from the district at its March 24th meeting. As a result, an organizational meeting was scheduled for April 12th. Under the state law that directs this process, the committee must consist of one selectman and one school board member from each of the seven towns, along with additional members the group may choose to appoint.

Other issues addressed at the school board meeting included approval of job descriptions for Elementary/Middle School Princi-

pal and Guidance Counselor, presented by Superintendent Richards; setting June 11th as the date for high school graduation; a mid-year report on goals and objectives (recommended for further discussion in May); and changes for student use of bathrooms to eliminate smoking and students grouping in these facilities.

Lena Vitagliano, coordinator of the Tech Prep Consortium that serves our region, expanded on the goals and objectives of the vocational program as outlined at the conference mentioned above. Her presentation should help the Board in its deliberations on scheduling of courses at the High School.

Agenda highlights for the meetings on the 14th and 21st included an update on the OM and mentor programs at the middle school, job descriptions, policy considerations, and budget authorization for the 94/95 year as approved at the recent annual meeting.

The room was full of students on the 21st. They came to support the Board's approval of the Girls Lacrosse Club. 46 girls participate in three levels at the present time. After 8 years of existence, the club wanted District recognition and support, according to Athletic Director Marty Brown and club coaches, Mr. & Mrs. Barnes. Board support was unanimous.

Dr. Richards presented a list of 14 items being considered to upgrade safety features and procedures at school buildings. This evolved from the recently held Municipal Employees Safety Workshop.

Last, but far from least, I wish to take this opportunity to thank all of you who came out to attend the Annual Meeting(s). It was great to see the interest and support.



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Timely Tidings, by Mike Munroe

This is the first article in a series in which we will attempt to bring to the attention of Bradford Bridge readers the good works of St. Peter's Lodge #31 F&AM and Silver Hill-Vesta Chapter #49 O.E.S. These organizations have been active in the Bradford area for more than 175 years, but remain relatively unknown.

One of the things we will attempt to do is to remove the veil of secrecy which many people believe covers our activities. While some of our rituals are secret, who we are and what we do is not.

On Saturday, March 26, we held our annual meeting at the Lodge, which is located on Main Street next to the fire station. At that time, we elected and installed our 1994 slate of officers. They are:

J. Clarke Phillips	Senior Warden
Thomas Coots	Junior Warden
Robert Shevett	Senior Deacon
Shawn Spooner	Junior Deacon
Vernon Hall	Treasurer
Nelson Evans	Secretary
Dick MacLeod	Marshall
Mike Munroe	Chaplain
Merrill Ehler	Senior Steward
Al Grindle	Junior Steward
Dick Bailey	Tyler

Many people may be surprised to recognize some of these names. While Masons are often well-known civic and business leaders in the community, they don't often

flaunt their membership in the fraternity. We are very proud of our contributions to the community, however.

For example, during the past few months, St. Peter's Lodge, in conjunction with the Order of the Eastern Star and the Grand Lodge of N.H. Charity Fund, raised nearly \$400 for the O.E.S. Adopt-A-Family Program. We also collected a sizable cache of food items. Food and money is distributed to a worthy local family, picked by the O.E.S. with the help of local officials. This is an on-going project. When one family has received sufficient help to get back on its feet, another family is selected.

St. Peter's members also recently made a \$95 contribution to the D.A.R.E. Program in the names of Grand Lodge Officers R.W. Wesley I. Manning, R.W. Robert G. Hatfield, and R.W. Alan L. Isley. This was given as a thank-you for their help with the installation of officers at the annual meeting. The D.A.R.E. Program in New Hampshire would literally cease to exist without the support of the Masons and the O.E.S.

These are only two small examples of how our members are working behind the scenes to make Bradford and New Hampshire a better place for our being here. If you'd like more information, feel free to call me at 938-2920 or talk to anyone whom you know is a member. See you next month!

Planning Board considers Breezy Hill Lumber expansion

Breezy Hill Lumber's plans to expand its sawmill operation dominated April's Planning Board meetings. Owner Eddie Watson attended both meetings to submit his application and answer questions.

Concern was expressed over the condition of the bridge on Breezy Hill Road just off Route 103. Road agent Andy Anderson will get estimates for the necessary repairs. Watson expressed willingness to share in the cost of any repairs with the town and New Kearsarge Corp.

Tom Scribner presented the board with a letter requesting that the large elm tree near the entrance to the sawmill be protected. Watson said he had no plans to remove the tree. Board members questioned the health of the tree and will discuss the matter with the Conservation Commission.

Fire chief Mark Goldberg attended the April 26th meeting to discuss fire protection for the mill. Goldberg noted that a sprinkler system will require a supply of water, which may mean installing a storage tank. Watson will look into the matter before the public hearing.

The Planning Board and ZBA will hold public hearings on May 3rd at 7:30 at the town hall for public discussion of the application and ZBA special exception.

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BRADFORD, NEW HAMPSHIRE

April Selectmen's meetings

April 4 Selectmen approved the PSNH recommendation to improve lighting of the town hall parking lot by installing a sodium light on an existing pole.

Establishment of the KRSD Withdrawal Study Committee was discussed. To meet the RSA requirement that a Selectmen's representative and a school board representative from each district town be appointed to the committee, Marcia Keller will serve as the Selectmen's representative and Dick Keller will serve as the school board representative.

Selectmen again discussed the need for an animal control officer. Questions were raised concerning how the State is handling the rabies epidemic, particularly since the Fish & Game Dept. has withdrawn its support programs. Selectmen agreed to ask Chief Al Grindle to designate one of his officers to receive the pre-exposure shots and handle animal problems until an animal control officer is appointed.

The Road Committee was on the agenda, but did not appear. In a telephone call to one member, the need for ongoing support from a road committee was discussed.

April 11 No meeting.

April 18 Selectmen will ask ENPRO to remedy the uneven pavement on Main Street. Groundwater Technology will provide a report to the town within the next week documenting progress on the Marketplace cleanup project.

Concern was expressed over the condition of the bridge on Breezy Hill Road near route 103. Trucks cutting too sharply could create a "dangerous situation." Selectman Keller noted that the subject of cost-sharing bridge repairs had been discussed with Ed Watson, owner of Breezy Hill Lumber, at a Planning Board meeting. Watson said he had "no problem" sharing in the cost of repairing the bridge.

April 25 Dick Keller, school board rep, informed the Selectmen that the town is \$260,000 behind in school payments. He was informed that they would be borrowing in anticipation of taxes and would get caught up as quickly as possible.

Postmaster Mike Ripberger, Tom Scribner, and Parker McCartney discussed progress on the house numbering project. They requested that letters informing property owners of their house numbers be included with the June property tax bills. The need for and details to be covered in a town ordi-

nance were discussed. Following dissemination of house number information, the Selectmen will hold a public hearing to receive public input.

Selectman Keller reported that she had contacted organizations that use the town hall to discuss their participating in a Facilities Roundtable. With their agreement, the meeting has been set for May 21

Police Chief Grindle was asked by the Selectmen to canvass area towns to determine what other communities are doing about handling possibly rabid animals.

Bruce Caswell requested that something be done about parking along Route 114 at the public ramp near the end of Massasecum Ave. Chief Grindle has agreed to ask the State to address the safety issues posed by cars and trailers lined up along the highway.

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BREEZY HILL LUMBER COMPANY

Breezy Hill Road 938-5353

We are pleased to announce that we will be purchasing logs at our mill in Bradford. We accept a poorer grade log than most mills (some of you may refer to them as box grade pine). Sweeps, knots, and smaller size do not negatively affect scale. We can also allow some stain. Hollow and red rot logs are taken, but scale is reduced by the amount of such.

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- 10 - 16 FT lengths, diameter max 44", min 6" \$135/m ft**
- 8 FT length, diameter max 44", min 6" \$120/m ft**

HEMLOCK, RED PINE

- 8 FT length, diameter max 44", min 6" \$110/m ft**
- 10 - 16 FT length, diameter max 44", min 6" \$120/m ft**

Logs under 8" diameter need to be fairly straight and we require a 4" trim allowance on all logs. Scale week will end Thursdays at 2:30 pm. Logs in by that time will be paid for on Tuesdays by mail or checks may be picked up on Wednesdays if arranged ahead of time. Any questions, please contact Eddie Watson, 938-5353 (mill) or 776-6983 (home).

Blue News ... Report from the Police Department by Kathy Grindle

We all like to be informed about what's happening in our town. Therefore, the Bradford Police Department hopes to make this a monthly news article about what is going on in the police department, as well as some of the things the department has accomplished. If you have any comments or suggestions about what you'd like to see here, please feel free to contact us. This is our first attempt, so please be patient with us. Here goes ...

The P.D. is currently interviewing for a minimum of two part-time officers. The department now consists of Chief Grindle, full-time patrolman Neal Martin, part-time patrolmen Shawn Spooner and Steve Unbrecht and part-time secretary Kathy Grindle. We have lost two of our part-time officers to full-time positions in other towns. Officer Gary Norton is now in Newbury and Officer Chris Adams is in Laconia. Both are excellent officers and are wished the best in their new positions and are a loss to both the town and the department.

Since we are working at less than full staffing, there are going to be times when State Police are put on call. The P.D. will try to keep those times to a minimum, but you need to be aware that response time is much longer for the State Police, since they cover a very large area. You may be told that a response to your call can take over an hour. This is not unusual when dealing with the State Police, so don't be upset. As soon as we are fully staffed, we will again no longer need State Police coverage. Bradford has always been a training ground for excellent part-time officers who want to work full time. We cannot guarantee that the problem will not continue, but be assured that we will do our best to keep State Police coverage to a minimum.

We are also thankful for all of the help that the Newbury Police Department has given us when our coverage has been thin. Chief Valiquet of Newbury has been very understanding of our situation and his help has been greatly appreciated.

Business information sheets are now being entered into the computer. When this is finished, the P.D. will send each business a copy of the information we have on file. We will then ask that each business update the information and return the sheet to the department. It is very important that the P.D. be kept informed of changes in local businesses, such as who has access to the property, who has keys, etc. We will set up a system so that once a year we ask local businesses to update the information on their business sheets. Between the annual updates, businesses are asked to inform the P.D. whenever their information changes.

Now that the weather is getting nice, motorists are asked to please be aware of children on bicycles, skateboards, and rollerblades. Children are asked to please wear safety equipment and remember that bicycles must follow the rules of the road. Let us all try to have a safe and enjoyable summer.

Bradford motorists should rejoice in the fact that the trip switch on the lights at the Main Street/Route 103 intersection will soon be fixed and they will no longer need to wait an eternity for the light to change.

There were 87 total reportable incidents for the P.D. between April 4 and 25. This includes 2 burglaries, 16 assists to citizens, rescue squad and other P.D.'s, 14 calls for unsecured businesses/open doors, 8 calls for alarm activation, 7 checks on suspicious persons, and miscellaneous calls.

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John McKew
Route 103, Newbury

STUDY, from page 1

the educational side of the equation.

Public input on the subject of New London withdrawing from the district was solicited at the April 19th meeting. Dick White, representing the Ad Hoc Committee, discussed their financial analysis, which revealed that the costs would be prohibitive for New London to set up its own school system. White was asked if he would present his financial data to the committee.

Charles Ash, representing the Kearsarge Equity Coalition, emphasized that the outcome of the special school meeting means that the costs are still disproportionate. Robin Cook, New London resident, addressed the issue of distances between district towns. She proposed splitting the district in two, "northern tier" towns and "southern tier" towns. All meetings are posted and open to the public.

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Breezy Hill Lumber ... state-of-the-art sawmill

A new business in town ... Breezy Hill Lumber ... promises to make its mark on the sawmill industry. Owner Eddie Watson already knows a lot about lumber mills and he plans to lead the way toward improved yield, less waste, and effective recycling of waste materials. He comments that while wood is a renewable resource, logs are rapidly increasing in cost. To be profitable in today's marketplace requires improving efficiency and reducing waste.

As Watson describes it, he has the advantage of being "vertically integrated." He is part-owner of New Kearsarge Corp. (NKC), which uses lumber to manufacture reels and pallets. He owns Chichester Saw Parts, which manufactures sawmills. So it made perfect sense to build a sawmill to provide the lumber for NKC.

Breezy Hill Lumber began milling lumber in mid-February and Watson is already working with the Planning Board to expand his operations. The present mill, with four employees, uses a computer-controlled circular saw process to mill low-grade soft woods. All the lumber is then used by NKC for reels. What's unusual about this operation is that instead of trimming the logs down to the narrowest dimension of usable wood, they simply cut slabs, leaving the edges rough, or "round." Then at NKC, after the wood is cut into short segments, the edges are trimmed. According to Watson, this improves yield by 20%. All waste - sawdust and chipped trimmings - are trucked to one of two area bio-mass power plants.

Watson said that the advantage of his operation is that he can use logs that would otherwise just be chipped. This provides a significant increase in income to the property owner. Today landowners get \$1.00/ton for chipped logs. Those same logs, milled at his plant, would net the property owner between \$25 and \$40 per 1000 board feet (1000 board feet weighs 2.5 tons).

Always looking to improve efficiency, Watson plans to install a band saw in his new mill. Circular saws, because of the width of their teeth, waste a significant amount of lumber in sawdust. He estimates he'll have a 17% improvement in yield with the computer-controlled band saw. In addition, this set-up will be more energy efficient.

In this mill, Watson will process hardwood as well. Three-quarters of the lower grade material will also go to NKC, to be used to make pallets. Watson intends to find other markets for the 25% higher grade lumber.

With the growth of his sawmill manufacturing plant, Watson needs to be able to experiment with new machines. He expects to use the Breezy Hill Lumber operation for "new product development." Already, Watson says, he's sold sawmills to places as far away as Alaska and Russia.

Benefits to the local area from the mill include not only a ready market for logs, but increased employment. Watson estimates his new operation will require hiring 14 new employees.

Library Lantern
by Maggi Ainslie

April 15th, we attended a three-hour workshop to learn a new library computer system. This will improve our inter-library loan service.

The trustees have set July 9th for our Annual Book and Bake Sale. We need books, both adult and children, this year. This is a great time to go through your bookcases and weed out the titles you are no longer using. We will take books during library hours through June. To have books picked up, call 938-5562 during library hours.

The library trustees meet on the first Thursday of every month at 7:15 at the library. All meetings are open to the public.

A new collection of historic Bradford photographs is on display, compiled by Steve Hansen.

New books on cassette recently added:

- Exercise Walking*
- African Queen*
- Ann Margaret: My Story*
- Howard's End*
- Rumpole's Last Case*
- Men Are From Mars—Women Are From Venus*

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NELSON, from page 6

the mice and chipmunks couldn't get the food. We walked two miles, twice a day, to a neighbor's to collect milk in bottles, which mother stored in the cellar in a number 3 galvanized tub, filled with water and covered with a cloth." The family enjoyed the conveniences of rural free mail delivery and fresh fish delivered to their door. "In those days, you were served," said Ruth, "It came to you, you might say. Now you have to go for it yourself."

During a very strict childhood, she didn't have much teenage fun and remembers going to just one dance. In the "Flapper era" (so named because people left their overshoe buckles open to just flap), Ruth will admit to wearing a head band, but never to bobbing her hair. She didn't consider herself a real "Flapper."

In 1917, during World War I, she learned to knit socks, sweaters, and scarves to help with the war effort. She also drove a Red Cross truck. When the armistice was signed on November 11, 1918, Ruth remembers that everyone went to church at 11:00 am, the time that the war ended.

After she graduated from Waltham High School in 1918, Ruth enjoyed more freedom. She worked as a trainee at the Somerville Public Library, attended night school to learn shorthand and typing, and then worked for a few years in a law office.

In 1924, she married Dewey Nelson, whom she met at the "Tech." Dewey, as an MIT engineer, would later take the family with him when he worked in Pennsylvania, Kansas, and Maryland. They finally returned to Wellesley. Ruth recalled the year of their first child's birth--1929. Dewey had an inkling that something bad was about to happen in the financial world. She said, "He told me to go to the bank and clean out our account. That's all the money we had. It was very close [to the day of the crash]. Generally, you don't do those things, but that time I did." When her four children were old enough, Ruth went to work at the Wellesley Hills Branch Library. She began working part-time, then as manager, and as a cataloguing specialist, the job she retired from in 1970.

In 1935, the Nelsons built a cottage on family property at Lake Massasecum. Ruth didn't have a car, so when she came to Bradford, she took the bus from Boston, got off on the Old Wamer Road, and walked up Breezy Hill. Even if it was pitch black, she remembered, "You could always see because of the dirt road." Quietly amused, Ruth describes a memorable breakfast in 1952. "I was making doughnuts to take to Olive Nelson's house. We had two electric stoves at the time. I was hurrying and I didn't turn off the right burner, you might say. I was sitting down there and we saw this big cloud of smoke. Olive didn't have a phone. We ran to Mrs. Hayden's to call the fire department. About all that was left was the colander." They had many friends who helped rebuild the cottage (daughter Barbara McCartney added), "before the coals got cold." Craig Lumber on the Old Sutton Road let them have the lumber on credit.

Living through two world wars, the 1918 flu epidemic, the 1929 depression, Korean and Vietnam wars, the assassination of President Kennedy, and noting the explosion of the Hindenberg, the invention of television, computers, and margarine, Ruth's view on life is, "Everything happened so gradually. You know, you just absorb it as you go along. You don't sort of add everything up and say, Well!"

Ruth loves young people. "Who doesn't?" she exclaimed. "They're full of life, energy, are smart, lovable, and all that." She still knits zillions of afghans and two-toned patterned mittens for her 15 grandchildren and 8 great-grandchildren and all the family. Sundays are "just a puzzle day," when she and her daughters, Joan Peterke and Barbara McCartney, spend four hours solving the New York Times crossword puzzle.

In receiving the Boston Post Cane, Ruth Nelson said, "I feel honored by the town, you might say. It means that I'm old...(pause)...older than." Does she have any great messages on how to live a long or successful life? "I guess I don't have any rules or advice to give to anyone. I just have a long-lived family, that's all. My father lived to be 95, my mother, 93. My brother will be 92 and my sisters, 85 and 81. We just celebrated my cousin's 100th birthday in Maine last weekend. I didn't do anything special." She added, "If I think of something exciting, I'll call you back."



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BOOK REVIEW

by Pauline Dishmon

NIGHT OVER WATER

by Ken Follett

William Morrow & Co., Inc. NY 1991

Available at Brown Memorial Library

The first air passenger service between the USA and Europe, begun by Pan American in the summer of 1939, lasted only a few weeks. Service was curtailed when Hitler invaded Poland. Follett's novel, *Night Over Water*, with its passengers and crew of the last flight in September of 1939, occurs a few days after Britain declares war against Germany.

The Pan American Flying Clipper, the most luxurious aircraft ever built, takes off from Southampton, England. Its destination is Port Washington, New York. In-between stops include Foynes, Ireland; Botwood, Newfoundland; and Shediac and the Bay of Fundy, Canada. The Bay of Fundy, not part of the initial schedule, becomes a new destination after Eddie Deakin, engineer, is approached by a passenger and told his pregnant wife, Carol, has been abducted and will be hurt if Eddie doesn't cooperate by revising the flight plan and keeping all a secret from the rest of the crew.

Prominent characters include a runaway English wife and an American who seduced her; her husband who arrives late and tries to win her back; an American actress, a friend of said seducer; feuding American siblings vying for control of a New England shoe company; a German professor; Harry, a young thief using a stolen passport; Margaret Oxenford who is smitten with Harry, and her titled father, a known fascist, his American born wife and their son, Percy, a perpetual irritant. Though most story events take place on the clipper, much dramatic action is ashore.

Night Over Water mixes suspense with prejudice, greed, violence and sex ... a real page-turner. Follett's description of the clipper ship is a gift to readers familiar with aircraft. I'd like to see the story on film.

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Friendship 4-H news

by Abigail Brown

In our April meeting, we talked about designing a banner for our club and we talked about 4-H camp, like how to get camper-ships. We filled in project sheets which record what we've done and tell what we learned, then we made note-books to put our project sheets in.

The computer project for the S.P.C.A. is continuing until the end of June.

The 4-H horse project has finally started! When it started on April 27, we talked about safety, and a discussion about grooming tools. After we talked about grooming tools, we went out and tried the tools on the horse. The kids were amazed at how much hair came off! After we groomed the horse and put her back, she did the typical horse-thing, she went outside and rolled! A white horse is a dirty joke!

Youthful Activities
by Mary Keegan-Dayton

Encouraging an interest in birds at an early age is important for children in learning to care for the environment, according to former Bradford resident and semi-retired ornithologist Fred Sladen. Parents can share in the delight of bird watching with children by attracting wild birds to the yard, sharing the sight and pleasurable sounds of their songs and engaging children in feeding and watching nesting activities.

Early May is one of the most active times in our area for migratory songbirds. On their return to New Hampshire, these small wild birds, such as orioles, warblers, song thrush, song sparrows, and grosbeaks will be singing sweet tunes as they establish their territories and stake out nesting sites, says Sladen.

Fred's interest in birds started as a young boy summering at his grandmother's house in New London. He fondly remembers watching the nesting activities of a large group of purple martins living communally in a bird house in his grandmother's yard. "It was a regular event, watching those birds every summer," remembers Sladen.

Now a resident of New London, Sladen suggests watching for birds who frequent your yard. If you noticed any old nests in trees this past winter or remember nesting sites from last spring, start watching there. Although many species choose new sites each year, an abundance of wild birds will return to the same nesting site or general area, says Sladen. As birds start nest building, they will frequently fly to and from the site,

shuttling nesting materials in their beaks. If you can't identify the birds, acquire a *Peter-son's Field Guide on Eastern Birds* for assistance. The colored glossy pictures and written descriptions of birds can easily be shared with children.

Putting out bird food and nesting boxes (aka bird houses) can also be a fun activity for children. Hang an empty milk carton and put seeds in it. Stale bread, cut into most any shape can be dipped in peanut butter, covered in bird seed, and tied with string like an ornament to hang on a tree branch. The birds will eat all three ingredients and actually benefit from the fat in the peanut butter. Fred will put out pieces of fruit on an old tree stump for orioles and robins, who enjoy raisins and currants. Suet will attract the red breasted nuthatch and woodpecker. And the ever popular sun-flower seed might tempt the evening gros-beak, nuthatch, and sweet sounding chickadee. Keep in mind the abundance of natural food sources for wild birds this time of year. If squirrels, pigeons or starlings show up at your feeder in large numbers, you may be over-feeding, says Fred Sladen.

Hanging out strips of colored yarn or cotton, about 6" - 8" long, will attract orioles and other nest builders. Sladen suggests that parents encourage children to hang these materials over a tree branch and watch for birds to come and pick up the material to weave into their nests. It takes about a week for the song birds to build a nest, another 2-3 weeks to lay, incubate, and hatch, and an additional 2-3 weeks to get the young out of the nest, probably sometime in June.

Fred Sladen keeps his own census of the birds he sees in his environment. We have noticed the return of some small swallows, building a nest in the rafters of our play-house ... same rafter as last year. An abundance of chickadees are back at our feeder with their familiar black and white markings and sweet song.

The N.H. Audubon Society in Concord is sponsoring a Bird-A-Thon for all ages May 21 and 22. This fundraiser for the Wildlife and Wetlands department involves birders obtaining pledges. Then on the designated weekend in May, they will go out and write down each species of bird they see that day. There are five different ways to participate. Interested individuals should call Paula Diamond at the Audubon Society, 224-9909.

And as Will Curtis, author and Vermont Public Radio commentator, frequently notes, "Welcome birds to your home." And oh, yes, share the experience with your children.



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THE COZY CORNER

by Mildred Schmidt



HAPPY MOTHER'S DAY! Now that daylight savings time is here, I love to sit on my bench, look out the window and see ... The Sunrise over the horizon
I watch trees shimmer in its light
soft pink mingled with
blue skies and gray clouds
too quickly, the colors are gone
perhaps another day a different hue ...
more beautiful.

Mildred's German Potato Salad

6 med potatoes	1 tsp salt
dash pepper	1 onion, chopped
6 slices bacon	1 Tbsp flour
1/2 C water	1/2 C vinegar
1 Tbsp sugar	

Scrub potatoes and cook in boiling water with skins on until done. Drain, peel and cut into cubes. Season with salt, pepper and onion and set on back of range to keep warm.

For dressing, chop bacon into small pieces and fry over low heat until crisp. Stir in flour and stir constantly for a minute or two.

Add water, vinegar and sugar. Continue cooking, still stirring, until mixture bubbles. Pour over potatoes and toss gently. Serve warm. Makes four servings.

Fitness Talk

by Molly Clark

Cardiovascular Fitness ... Improving your cardiovascular health increases your supply of oxygen (and energy) and can lead to prolonged endurance. By conditioning your cardiovascular system, you can also decrease your risk of heart disease, stroke, high blood pressure, and other life-threatening diseases.

The normal heart beats at a rate of approximately 70 beats per minute at rest. A well-conditioned heart conserves energy. Since the heart is a muscle, it can become bigger and stronger through exercise that progressively increases the body's demand for oxygen. This type of exercise is called "aerobic," which means "with oxygen." Aerobic exercises involve steady, continuous motion of the large muscles which places a large and continuous demand on the heart. Aerobic activities ... walking, running, swimming, cycling, etc. should be intensive enough to raise and sustain your heartbeat to a target heart rate or THR (60-90% of its maximum capacity; Note: begin at the lower end). For optimum benefit, you should exercise aerobically within your THR for at least 30-40 minutes a minimum of 3-4 times a week.

A well-conditioned heart, like any muscle, is stronger and more efficient than average. By exercising within your target heart rate for 30-40 minutes 3-4 times a week, you can enjoy the benefits of a more fit and healthy lifestyle.

NOTE: If you are a smoker, suffer from a chronic medical condition, or have a personal or family history of heart disease, check with your health care professional before starting any exercise program.

Until next time ... Best of Health and Fitness.

Rabies clinic protects local animals

At April's second annual rabies clinic, sponsored by the Bradford Voters Coalition, 135 animals were vaccinated against the fast-spreading rabies virus ... a 34% increase over last year's vaccinations. 6 goats, 30 dogs and 99 cats received their shots from veterinarian Dr. Jolyon Johnson.

Thanks to Joe and Juanita Battles for offering their farm as the clinic site. While the rain drummed on the barn roof, participants were protected from the elements.



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GTI, continued from page 1

discovered at the Lake Sunapee Savings Bank. The vapor extraction system uses a vacuum to remove contaminants from the soil that would otherwise get into the air. Sites treated by vapor extraction include the bank, the Marketplace, and the Burly residence.

The contaminants found at this site are gasoline and petroleum hydrocarbons. According to Brian Cote, project manager, this site has "relatively high concentrations compared to other sites in the state."

The report concludes that GTI will continue to monitor and maintain the system. If any modifications should be needed to improve system operation, GTI will make the recommendations. After two years of operation, the Dept. of Environmental Services requires a full report on system operation and effectiveness.

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GARDENING

by Fred Winch

As I write this, we have had our first day of 75° heat, a truly welcome event. The full moon has come and gone, the jonquils on the sunny side of the house are in full bloom, and the peepers make their chorus heard in the river - it thus must be Spring!

Cleanup from the winter snows seems to be hard to finish up. Those cold winds, ones we usually have in March, pestered everyone into April. The great thing about this past winter was we had a liberal covering of snow, which hung on till April was well along, protecting the perennials very well. Once the "heat" arrived, lilacs tried to catch up by pushing out buds nearly as large as one would expect at the first of May.

Plowing is postponed, not because of wet soil, but because the snow lasted so long. Now we must try to make up time and get peas in, at least by the middle of May.

Other hardy crops should go in as quickly as possible, including beets, lettuce and chard. Carrots, too, can be planted now. However, a great deal of care should be taken to be sure the carrot bed is on deep, stone-free soil. Parsnips can be planted alongside carrots ... as both are deep-rooted crops, and can be seriously deformed by running into stones two inches below the surface! Parsnips take a long time to germinate and so should be planted early to take advantage of the spring rains.

If you have started cabbage, broccoli, kale or kohlrabi in the house, the seedlings should be hardened off by putting the flats in a protected area for a week and then transplanting into the garden. All the above-mentioned veggies appreciate compost worked into the soil, to help retain moisture as well as to supply nutrients.

If you haven't started tomato, pepper, and eggplant seeds, it's not too late. Once they've sprouted and have at least one true leaf, the seedlings should be transplanted into individual pots or flats to enable them to develop sturdy stems. Grow-lights in a 65° - 70° room help tremendously in growing good plants. Feeding the pots or flats with a solution of water-soluble plant food ensures sturdy growth and good root systems. Remember we should be shooting for sturdy plants to put in the ground by June 1.

If you follow tradition, you plant your tender seedlings on Memorial Day! This year, many will be keeping a watchful eye on the full moon, May 24th. If the oldtimers are right, that full moon should mark the end of frosts (until the September full moon on the 19th). However, I believe I'd keep some

"hotkaps" or old sheets handy this year, in view of the lateness of the season.

One of the outstanding tomatoes I grew for '93 was Early Cascade. Truly an early staking tomato, not large, but good flavored and one that seems resistant to many tomato disease. A pepper that I have had excellent results from is Lady Bell. It has red fruits early, is good sized, and bears 6 to 12 large fruits per plant. In the past, many people asked why I waited so long for red peppers, red peppers are ripe peppers, as are the yellow and purple ones. Flavor is developed fully only when peppers ripen, which is why red peppers sell for \$1.75 per lb. versus the green peppers at 80 cents per lb.

Well, let's hope for the best ... enjoy the late spring, hope for good rains and temperate weather till the June bugs rap on your windows.

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Found in a wall at Applesseed Inn

When the Fentons were removing an old wall at the Applesseed Inn, they found a letter to Bert Messer, dated 1904, quoting the price from the Empire Manufacturing Co. of Quincy, Illinois, for a #10 Farmer's handy wagon with wheels, 4" tire only, 24" high, weight 530 lb., guaranteed capacity, 4,000 lbs. ... only \$19.65.

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MOTHER'S DAY IS SUNDAY, MAY 8

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May Calendar

Monday, May 2

Cemetery Trustees, Millie Kittredge's house, 3:00, for information, call 938-5305
Selectmen's meeting, 7:00

Tuesday, May 3

ZBA, 7:00; Public Hearing for Breezy Hill Lumber, 7:30; Planning Board Public Hearing to follow.
Fish & Game, Lake Todd Clubhouse, 7:00
KRSD Withdrawal Study Committee, high school, 7:15

Wednesday, May 4

Women's Club workshop, Luanne Mayo's, 10:00 am
Library Trustees meeting, 7:15
Open to the public

Thursday, May 5

Facilities Committee, town hall, 7:30
KRSD school board mtg, high school, 7:15

Saturday, May 7

EARTH DAY Roadside cleanup and treasure hunt, 10:00 - 5:00

Monday, May 9

Selectmen's meeting, 7:00

Tuesday, May 10

Planning Board, 7:30
KRSD Withdrawal Study Committee, high school, 7:15

Wednesday, May 11

Women's Club workshop, Luanne Mayo's, 10:00 am
PTC, Bradford Elementary, 7:30

Thursday, May 12

Community Workshop, S. Newbury, 11:00
KRSD school board mtg, high school, 7:15

Friday, May 13

Whist Society, town hall, 7:30
Sponsored by Bradford Bridge

Monday, May 16

Bradford Business Association dinner meeting, Appleseed Inn, 6:00
Selectmen's meeting, 7:00
Road Committee, town hall, 7:00

Tuesday, May 17

Women's Club luncheon, Bradford Inn, 11:30 am
Kindergarten Parents meeting, church vestry, 6:45

Conservation Commission, Tillie Wheeler's, 7:30

Wednesday, May 18

Women's Club workshop, Nancy Hibbard's, 10:00 am
Friends program planning meeting, 6:45
Friends of the Library book talk, 7:30
Order of Eastern Star, St. Peters Lodge, 7:30

Thursday, May 19

Facilities Committee, town hall, 7:30

Saturday, May 21

Facilities Roundtable, town hall, 8:30 am

Sunday, May 22

Walk in the Bog, 10:00 am. Clean up Bradford Springs and view the rhodora.

Monday, May 23

Selectmen's meeting, 7:00

Tuesday, May 24

Planning Board, 7:30

Wednesday, May 25

Women's Club workshop, with Debbie Lammach, church vestry, 10:00 am
Historical Society, Old Post Office, 7:30

Thursday, May 26

KRSD school board mtg, high school, 7:15

Friday, May 27

Whist Society, town hall, 7:30
Sponsored by Congregational Society

Saturday, May 28

Bradford Women's Club bake sale, IGA, 10:00 am

Monday, May 30

Property tax drawing, town hall, noon

To list events for the month of June, call Lou Signorino at 938-2608.

Classified Ads

WANTED. Wooden exterior shutters in good condition for Rosewood Country Inn. approx. 15" X 60". Also, looking for someone with brushhog to do grounds work. Call 938-5253.

YARD SALES on Rowe Mtn. Road. Saturday, May 7, 9:00 - 3:00. Several families will be selling goods at their homes. Take Center Road off Route 103 2 1/4 miles beyond covered bridge. For info, call 938-2252.

FOR SALE. Brown Frigidaire refrigerator. 19 cu ft. \$50. Call 938-2820.

FOR SALE. 12-ft wooden skiff with 14-ft wooden mast and sail. Good condition. \$250. Call 763-4317.

HELP WANTED. Town of Bradford looking for someone capable of serving as Animal Control Officer. Contact Selectmen's Office, 938-5900 for information.

FOR SALE. Round dining room table with 12-inch leaf. Four cushion-seated arm chairs with rollers. \$350. Also, Russo wood stove, fire brick lined. Includes 6 feet of 6" stove pipe. \$200. Call 938-2876.

FOR RENT. One bedroom apartment, Main Street. First floor, private entrance. \$330 per month, deposit and references. Call 938-5425.

To place a FREE classified ad, please call Beth Rodd at 938-2692.